

• onoma County is home to more than 3,896 registered nonprofit agencies and not-for-profit organizations that have raised \$1.2 billion. Those funds help connect the leaders, employees and volunteers of these organizations with the residents who are in need of a helping hand. With missions to help, nonprofits uplift those they serve and increase access to what the larger world has to offer.

This year's Sonoma Gives section profiles a number of organizations and agencies that offer a hand up. Literacyworks Center in Petaluma has given more than \$1 million in scholarships to low-income and low-literacy students in Sonoma County. Girls on the Run North Bay's purpose is bigger than outdoor activities --- its one of empowerment,

INSIDE Sonoma County Taiko in Santa Rosa N2

Quetzal Ecology in Rohnert Park **N7** Girls on the Run North Bay throughout the county N9 Literacyworks Center in

Petaluma N14 North Bay Letterpress Arts in Sebastopol N19 Bergin College

of Canine Studies in Penngrove N30

Upcoming local nonprofit events N24-27 100 Largest Nonprofits in Sonoma County

N33-52

empathy and personal growth. North Bay Letterpress Arts in Sebastopol teaches creatives of all backgrounds how to produce unique art using oldschool printing presses. The members of Sonoma County Taiko get together, make music and perform at different venues while Penngrove's Bergin **College of Canine Studies sets** up dog trainers for success, and hands them a degree after completing the extensive twoyear course. Quetzal Ecology in Rohnert Park takes money collected from recycling and sends it to rural school in Mexico to help fund students' school needs.

The impact from Sonoma County nonprofits goes

beyond county lines, and those who benefit from their services have made positive impacts themselves.



Sonoma County Taiko drummers Alexa Riner, from left, Arn Shimizu and Deanne DiPietro lead members of Leadership Santa Rosa in an activity on Jan. 19 in Santa Rosa. "Taiko has been called the heartbeat of Japan," Shimizu said.

They've got the beat

Members share Japanese art form through drumming, performances

By KATHLEEN SCAVONE FOR THE PRESS DEMOCRAT

ach resounding drum beat from the Sonoma County Taiko drummers is seemingly multipurpose in its ability to transport listeners to the Land of the Rising Sun.

While some of the drum beat-beats resound deep in the chest cavity with tones that bring forth emotions to awaken and excite listeners, other percussive sounds are more tranquil and evocative of Japan's swaying emerald bamboo stems or reminiscent of the sound of summer cicadas.

Next comes the click-clickclack of the drum that resembles a Japanese typhoon thunderstorm then it





N2

out to mimic gentle raindrops dancing on a mirror-like pond in a garden.

Members of Santa Rosa's Sonoma County Taiko range from children who are learning to connect with their Japanese culture to a teacher in Lake County who wanted to learn the art form for her students.

In the United States, the word "taiko" means drum, but in Japan the word "wadaiko" is a specific word for the instrument. For many languages, words, sounds and meanings can change when finding their way into the United States vernacular.

"When words move from one language to another, they tend to lose a lot of subtlety of meaning," said Alexa Riner, who started teaching at Sonoma County Taiko in 2010. "The syllable 'wa' wouldn't mean anything to most Americans. 'Wadaiko' is basically 'taiko' with the 'wa' added, and the t changes to a d sound in Japanese when there is another syllable in front. They are related words and almost the same word."

When learning taiko, students must also learn other Japanese words in order to understand the tradition and origins of this particular style of drumming.

"The word for sticks is bachi," Riner said. "The really large sticks used on the biggest drums are made of soft woods, but we also use maple bachi. which is a new trend, and the more traditional hardwood called Kashi, which is a Japanese species of white oak.

Different types of wood and the thickness of the stick affect the drum sound. The shape of the bachi also affects the tone, as well as where you hit the drum.



Meg Mizutani, right, of Sonoma County Taiko, teaches a group from Leadership Santa Rosa how to strike a drum on Jan. 19 in Santa Rosa.

ABOUT SONOMA COUNTY TAIKO

Sonoma County Taiko's roots date back to 1994, when a Japanese group called Kodo, who played locally, performed at Luther Burbank Center for the Arts in Santa Rosa. Three audience members were in awe of what they saw and took the steps to permanently bring taiko to Santa Rosa. The organization's mission is to build a community of acceptance, harmony, and respect through members' love of taiko.

Location: 3325 Regional Pkwy., Santa Rosa

Donate: https://bit.ly/3SK2Mt5 More information: 707-575-0723, https://bit.ly/3mnE5qg

For general use, it's nice to have a hardwood bachi because the softwood sticks wear out much faster. At the same time, the drums cost a lot more than the sticks and it's a lot of work to repair a damaged rim edge, so it's better to have the sticks take most of the wear and tear.

Sonoma County Taiko's roots date back to 1994 when a Japanese group called Kodo performed at Luther Burbank Center for the Arts in Santa Rosa. Three audience members were in awe of what they saw and took the steps to permanently bring taiko to Santa Rosa.

The group was originally formed under the umbrella of the Sonoma County Chapter of the Japanese American Citizens League. Then, as the taiko group got bigger, the next step was to become an independent nonprofit entity.

With tireless work and devotion to the Japanese art and culture of taiko drumming, the founding members began to share and promote taiko as a cultural art form while garnering respect and acceptance throughout Sonoma County.

"Sonoma County Taiko nonprofit is a way to offer the taiko experience to everyone equally." said board member Deanne DiPietro. "Our motivation is one of sharing, and not related to making money.'

According to Riner, funding comes from donations, performance fees, membership fees and space rental fees. It's roughly 25% each. The organization is operated by volunteers with the exception of the instructors and bookings manager.

Appreciating the culture

At Sonoma County Taiko, Japanese culture is integrated into each drumming session and aligns with their mission, "to build a community of acceptance, harmony, and respect through our love of taiko.

"Taiko has been called the heartbeat of Japan," said Sonoma County Taiko founding member Arn Shimizu. "It is an integral part of Japanese celebrations, religion and entertainment. It's all designed to engender a love of society and the promotion of peace through

discipline. Taiko has connected me personally to my ethnic roots and allowed me to expand and explore my understanding of Japan."

During a performance, greetings such as "ohayo gozaimasu" and "oyasumi nasai" are used and the drummers' costumes harken back to Japan's past.

One type of costume that is based on the garb of a traditional Japanese carpenter is known as haragake, which is a traditional black apron, while happi is a traditional tubesleeved Japanese coat.

"We generally wear the happi, but sometimes the haragake is more appropriate, like for a strenuous piece. When playing odaiko (a 'big, big drum'), for example, it can be nice to not have sleeves when you're really exerting yourself," Riner said. 'This can also be true for more strenuous styles like Miyake or Yataibayashi, but it's up to the specific group.'

Another performance outfit can include "yukata," a lightweight summer kimono traditionally worn for the Japanese Obon or bon festival. Members of the Sonoma County Taiko group wear yukatas for big events and festivals, or if they want to add extra grace to the aesthetic of a particular song.

The art of taiko

Taiko drumming is sometimes compared to martial arts

TURN TO TAIKO » PAGE N3

TAIKO

CONTINUED FROM N2

in that it emphasizes physical and mental concentration, and training along with refined movement. Like any other discipline, after it is mastered, each person can develop their own approach and style.

Taiko drummers are coached to loosen up and relax their movements without dissipating their energy.

It helps to allow energy flow from the "ki," or center, to the earth beneath them, while also keeping the bashi, or bridge, connecting each drummer to one another during a performance.

Some drummers opt for more fluid movements, while others take a stronger or forceful approach in their drumming based on the tone of the piece or the position of the drum.

"Taiko is also called wadaiko. Wa means Japanese, [and] in addition, this character represents harmony. The harmony we can create by playing taiko together is beyond words," said Sonoma County Taiko instructor Miwa Smith, who has been drumming since 1997.

Smith learned taiko from Grand Master Seiichi Tanaka, which is a great honor, since Tanaka is considered to be the father of taiko arts in North America.

Meg Mizutani's experience in drumming goes back to 2006 and she believes this practice teaches harmony and respect through all of the age levels from children to adults.

"Many members have told us that they first came to Sonoma County Taiko to learn how to play taiko but they stayed with the group because of the community," said Mizutani, who doubles as both taiko instructor and receptionist. "That's when we realized our work was not



Meg Mizutani, of Sonoma County Taiko, explains a drumming pattern on Jan. 19 in Santa Rosa.

just teaching and playing music, but building the community. Since it is a very simple instrument, taiko is a perfect tool for community building."

Music to the people

Richard Reeves remembers the days his late wife, Kathie, performed taiko. While dedicating herself to her Coyote Valley Elementary School second graders in Middletown in Lake County, Kathie was determined "to get out of her comfort zone" to learn the art of taiko for her students, according to Reeves.

She would drive from Lake County to Santa Rosa every week for nine years, and performed with the Sonoma County Taiko drummers at various venues. Like Kathie, many

drummers participate and enjoy the performances of the Sonoma County Taiko members, both in their Santa Rosa studio and at local events.

It's this ancient practice, and the local taiko members, who continue to blend the contemporary with traditional music styles of Japan by tapping wood-and-skin instruments that draw in audiences during a performance. It's the costumes worn that help set the tone for what percussions are to come.

And it's the hard work, dedication, collaboration and community that the Sonoma County Taiko members have that continue to make them one of the local nonprofits that make Sonoma County a unique place to be.



Meg Mizutani, center, encourages members of Sonoma County Taiko and Leadership Santa Rosa members on Jan. 19 in Santa Rosa.







NO ONE EVER EXPECTED TO END UP IN A FOOD LINE

If you or someone you know is in need of food assistance, don't wait to ask for help.

Visit getfood.refb.org or call 707-523-7903 to find a food distribution near you.

Ending hunger. It's what we do.

FOOD BANK

Thank you, Community First Credit Union, for helping us End Hunger in Our Community.

People before Profit

Every day, with every deposit, transaction or loan, we put people and the **community first**. **We live our name!**

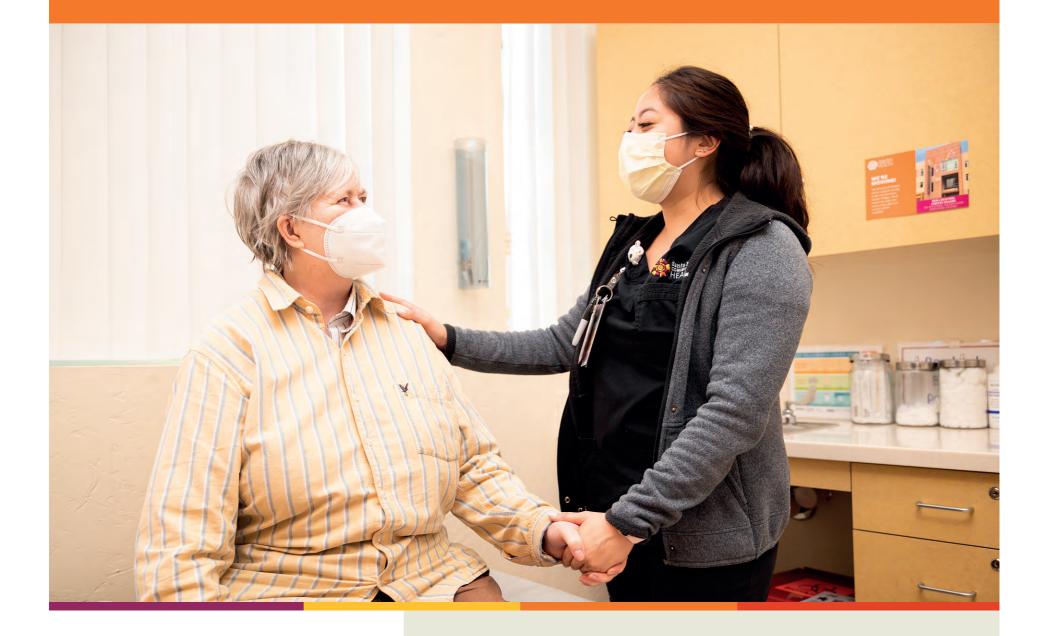


Here for Good, since 1959 * comfirstcu.org

Last year, 8,855 Santa Rosans with no health insurance turned to us for their health care needs.

Every day, we open our doors to care for patients in a way that honors them and meets their health care needs — *no matter what*.

Help us ensure that everyone has the opportunity for a full and healthy life, regardless of their life circumstance or insurance status.





Santa Rosa Community Health provides comprehensive and culturally responsive medical, dental, mental health care, and more to over 40,000 people in Santa Rosa each year. We welcome each one with compassion and respect for their culture, language, identity, and values.

None of us should ever receive anything less than the best care possible.

Make a life-changing difference:

Donate at srhealth.org/donate

Thank you to Oliver's Market for making this ad possible!

<section-header><section-header><text>

IS YOUR GROUP ON OUR LIST? \$240,000 WAS EARNED [AND OVER \$3.6 MILLION SINCE PROGRAM INCEPTION] BY 500+ LOCAL GROUPS IN 2022 THROUGH CUSTOMERS USING THE OLIVER'S COMMUNITY CARD.



HUMANE SOCIETY OF

e Scrip

SONOMA COUNTY REGIONAL PARKS FOUNDATION SUMMERFIELD WALDORF SCHOOL AND FARM

Real Food. Real People.®

THE REDWOOD EMPIRE FOOD BANK FORGOTTEN FELINES OF SONOMA COUNTY CENTER FOR SPIRITUAL LIVING - SANTA ROSA MARIA CARRILLO HIGH SCHOOL ASSOCIATION

PEACE AND JUSTICE CENTER SONOMA COUNTY THE BIRD RESCUE CENTER OF SONOMA COUNTY

LAGUNA DE SANTA ROSA FOUNDATION

WE ARE PROUD TO BE SONOMA COUNTY'S LARGEST © Scrip PROGRAM

SUPPORTING OVER 500+ LOCAL CHARITIES & SCHOOLS! THREE PERCENT OF EVERY PURCHASE BENEFITS YOUR ORGANIZATIONS WITH NO TIERED SPENDING OR ADDED FEES.

LET US SUPPORT YOU IN GROWING YOUR GROUP'S FUNDING WITH THE OLIVER'S COMMUNITY CARD. VISIT WWW.OLIVERSMARKET.COM/COMMUNITY-CARD/TO LEARN MORE.



9230 Old Redwood Highway • Windsor • 687-2050 546 E. Cotati Avenue • Cotati • 795-9501 560 Montecito Center • Santa Rosa • 537-7123 461 Stony Point Road • Santa Rosa • 284-3530

Together we're building a 21st Century Library System

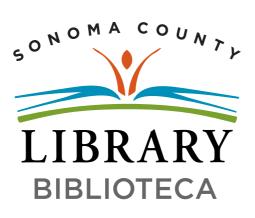
A new Roseland Regional Library is the next step



The Roseland community, long underserved, is undergoing a renaissance. A new campus in Roseland will feature a community center, a fire station, and the county's newest library. The Sonoma County Public Library Foundation is leading a \$3.6 million capital campaign to help build the library, and you can help. Contact us and learn how you can participate and make your gift.









SONOMA COUNTY Public Library Foundation

Please visit www.scplf.org to learn more



PHOTOS BY CHRISTOPHER CHUNG / THE PRESS DEMOCR

Sean Place and his daughter Ashley unload cans and bottles on Jan. 31 at a recycling center in Santa Rosa. Sean Place founded Quetzal Ecology, a group that assists six schools in the rural Mexican rainforest village of San Miguel Tzinacapan and neighboring Cuetzalan in the state of Puebla.

Recycling uplifts schools in Mexico

Small Rohnert Park nonprofit raises funds for projects and supplies

By **DIANNE REBER HART** FOR THE PRESS DEMOCRAT

ean Place doesn't have much down time. When he isn't working full time at Safari West, he's volunteering on his days off or he's dedicating time before or after work to make a difference for impoverished schoolchilin Movico The Rohnert Park resident is the tireless founder of Quetzal Ecology, a grassroots organization that assists six schools in the rural, rainforest village of San Miguel Tzinacapan and neighboring Cuetzalan in the state of Puebla. By recycling discarded goods, Place and his supporters raise money for much-needed school projects and supplies. At Safari West, Place "initiated an enormous recycling endeavor," said Nancy Lang, who, with her husband Peter Lang, established the Santa Rosa wildlife preserve and safari park in the late 1980s in the foothills of the Mayacamas Mountains. "Sean is impassioned about providing critically needed supplies to the students and the community of San Miguel," she said. "On his days off, we often see Sean escorting potential donors on tours of Safari West while explaining how he has turned recycling at our park into computers and printers for a community in need.' Place, a maintenance worker at Safari West, increased the number of recycling bins - to about 20 — to help encourage the park's thousands of annual visitors to recycle beverage cans and bottles, rather than toss them into garbage cans. That effort alone significantly reduced the park's landfill waste. He credits the Langs with wholeheartedly supporting the recycling project. He said it was their suggestion to utilize the park's recyclable materials to benefit Quetzal Ecology.





Helping schoolchildren

Working to help the environment through recycling is a natural mix for Safari West and

Ashley Place wears her Girl Scout pins along with a Quetzal Ecology shirt while dropping off recycling.

ABOUT QUETZAL ECOLOGY

Founded in 2020, Quetzal Ecology works to support the schools, teachers and the community of San Miguel Tzinacapan in the state of Puebla, Mexico.

Quetzal Ecology also supports conservation of the environment through education and recycling. Recycling is a vital method through which the group raises funds for its projects. The nonprofit has helped to complete 9 mural projects and its raincoat drive finished with more than 600 raincoats donated. The group also donated 187 books.

Donate: 150 Raley's Town Center, P.O. Box 2040, Rohnert Park, or email QuetzalEcology@gmail.com

More information:

https://www.quetzalecology.com

Quetzal Ecology. Not only are Mexican villagers and schoolchildren in the mountainous region benefiting from monies raised through their recycling efforts, but Quetzal Ecology is helping the environment and spreading a message of conservation both locally and in San Miguel Tzinacapan, and its greater municipality of Cuetzalan del Progreso.

In a Quetzal Ecology You-Tube video, Place sums up the efforts in one sentence: "Recycling makes a difference."

By recycling California Redemption Value (CRV) beverage cans, bottles, old car batteries, aluminum tire rims, electrical wiring from old appliances and other materials, Place and his small but dedicated team of volunteers fund everything from basic school supplies to educational programming on a local radio station to construction expenses for a high school cafeteria. So far, they've raised more than half of the \$10,000 earmarked for the cafeteria, which also will serve as a community gathering place.

"It's going to be a gift for the community," he said.

Many students in the isolated town travel to school "on a pickup truck with benches and a plastic tarp (overhead)," Place said.

One elementary school doubles as a mechanic's garage on weekends. A cobblestone walkway still used in the Indigenous

EL C

Nahuat community dates to Aztec times. And three schools operate without electricity.

Students, though, are undeterred by the conditions at the schools. Students from preschool through high school receive help and donations from Quetzal Ecology.

"The kids are super intelligent," Place said. "It doesn't faze them, even in schools without electricity."

Humble beginnings

Place began fundraising several years before establishing Quetzal Ecology as a nonprofit in 2020.

"The same stuff I'm doing now, I was doing before I was a nonprofit," he said. "And we're still growing."

He used some of the funds he received through a settlement from the Tubbs Fire to pay legal fees to secure Quetzal Ecology as a bona fide nonprofit organization.

"It's amazing what documentation can do," said Place, whose nonprofit has raised about \$15,000 to date. He and his children, Ashley,

TURN TO ECOLOGY » PAGE N8

ECOLOGY CONTINUED FROM N7

23, and Ethan, 19, lost their rental home, the family dog, Ernest, and all they owned in the catastrophic wildfires of 2017 that roared through their Mark West Springs neighborhood in Santa Rosa.

'It's not just stuff we lost, it's lives being changed," Place said. He and his children moved in with relatives, displaced but grateful for the shelter and empathy they received.

Creating Quetzal Ecology "became my therapy," he said. "It takes my mind away.'

The nonprofit evolved when he was in a relationship with a teacher from Mexico, a woman he met at a dav camp in Santa Rosa where he was volunteering. After discovering the conditions in her village - and the wide-scale need for help — he stepped into action. Although the couple is no longer together, Place remains dedicated to helping the community.

"Have you ever visited a place and fallen in love with it?" he asked. "That's what it was like." The people-teachers, students, villagers – "made it very clear" he was welcome and appreciated, he said.

"It's a matter of the people loving him, too," said daughter Ashley, a senior at Sonoma State University and the Quetzal Ecology board of directors secretary. "He's humble. He won't ever say how much work he does."

Donating supplies

The family has a long history of dedication to community service.

'Ever since I was little he's taught me how to help people in need," Ashley said of her father, who serves as the nonprofit's president. "He spends at least an hour after work each day sorting and working on recycling projects,



Sean Place, left, and his daughter Ashley of Quetzal Ecology unload cans and bottles at a recycling center on Jan. 31 in Santa Rosa. Quetzal Ecology hosted a book drive for the community library in San Miguel Tzinacapan, Mexico, that brought in 187 new books in Spanish, including the popular Harry Potter series.

and dedicates about five hours on each of his two days off, including driving to recycling centers to turn in materials for cash.

He also leads donation drives and sets up informational tables outside local businesses, including several Sonoma County Latino businesses. A book drive for the community library in San Miguel Tzinacapan brought in 187 new books in Spanish, including the popular Harry Potter series. Place said the kids were very excited.

He also provided hundreds of rain ponchos to the village, courtesy of discounted pricing through Safari West. He was motivated to help after seeing a child wearing a garbage bag for protection from inclement weather.

Place even connected with a local restaurateur, who funded uniforms for a girls soccer team. He's approached local stores

and businesses to secure donations of everything from pencils, crayons and notebooks to toothbrushes and toothpaste, clothing, eyeglasses and musical instruments — anything to fill a need.

A donation of chalk "was like gold to them," Place said.

He even made a spontaneous (and successful) solicitation stop one day while driving past an auto dealership "that had Mexican flags out." Place doesn't hesitate to provide opportunities for others to help.

His daughter jokes that, "Dad always has his business card on him.' He acknowledged that around Rohnert Park, "I'm known."

Place — who said he can get by with limited Spanish — is currently enrolled in a Spanish class to help expand his skills. He travels to Mexico about rectly with school officials and villagers, and sends boxes of supplies a few times a year. He maintains updates on the Quetzal Ecology website and Facebook page. His son Ethan, as well as Ashley's fiancé, Kobe Weinstein, shoot videos and update the nonprofit's website.

With the exception of treasurer Kimberly Robertson, other Quetzal Ecology board members are part of the San Miguel Tzinacapan community. Teacher Cinthia Anayely Carreon Mora has served on the board several years and said she is grateful for Quetzal Ecology and its supporters.

Beyond school walls

The nonprofit not only helps schools, it supports cultural programs like community mural projects. Quetzal Ecology also



twice each year to work di- Grace relief and the coronavirus pandemic while continuing to emphasize the importance of caring for the environment. In February, community members, students and Quetzal Ecology volunteers planted 250 trees in Cuetzalan to improve vegetation in the region.

Seeing the results obtained motivates us to continue working for the good of each one of the people who are benefited by (Quetzal Ecology),' Mora wrote in Spanish in an email

Although the needs are significant, she said, Place provides a sense of hope and accomplishment and brings people together to help

"Thanks to Sean we can believe that there is no difference between nationalities when a fighting heart for noble causes is shared, that the union overcomes provided aid for Hurricane any border and that he

has earned the gratitude and respect of the indigenous communities," Mora wrote.

Place said villagers care deeply about one another. the land, and preserving their history and traditions.

He said there are many people and businesses that support Quetzal Ecology, which is named for the quetzal bird that's sacred in indigenous Mexican mythology. The nonprofit's logo features the bird in a design created by a young artist who graduated high school in San Miguel Tzinacapan.

Place is ingenious in finding unique ways to help. Rather than sell the 1971 Volkswagen Bug he'd owned for years, he traded it to a Rohnert Park family with little cash. They, and their extended family, vowed to give Place their recycled goods on an ongoing basis as payment.

Every effort makes a difference, he said, whether it's a cash donation, school supplies or materials for recycling.

He's pushed through the challenges and impacts of the Sonoma County wildfires, the coronavirus pandemic and the hurricane that hit the state of Puebla.

"I put a lot of my time and energy into this thing," he said.

The gratitude in Mexico is beyond measure.

"They're so appreciative for what little they have," Place said. "They're over the moon when they get new things."

Looking ahead, Place and his small team hope to raise the additional monies needed for the high school cafeteria throughout 2023

They will continue to respond to school and community needs as they are identified. They will also continue to donate \$100 every month to a San Miguel Tzinacapan radio station for educational programming that benefits people in the region.

The Living Room Life Center is a warm and friendly place for the women and children of Sonoma County to find support on their life journey. We aren't just a place to find resources for housing and other services, but also the only walk-in center for unsheltered or at-risk women to call home during the day. Help us raise money through our Capital Campaign which will secure a permanent home for our services and programs. Our "Dream Big" goal is to raise \$1,100,000 to purchase our Life Center.

THE LIVING ROOM LIFE CENTE

Your gift matters!

Scan QR code to give or visit bit.ly/TLRLifeCenterHome www.thelivingroomsc.org



GIRLS ON THE RUN NORTH BAY

These girls put best (little) feet forward

Nonprofit partners with schools to provide emotional, physical support

By DEREK MOORE FOR THE PRESS DEMOCRAT

or Jessica Gutierrez, being a volunteer coach for Girls on the Run North Bay is about more than giving girls — including her two daughters — a path to feeling better physically.

Sure, "run" is in the nonprofit agency's title, and Gutierrez marvels at how active Jeneva, 10, and Jada, 9, have become since they started participating in the program at Santa Rosa's Village Elementary School. But Gutierrez said her girls also have grown stronger emotionally from participating in Girls on the Run. They aren't just putting their best feet forward; they are becoming their best selves and encouraging their peers to do the same.

'The message of empowerment and empathy is so important for young ladies at this age group," said Gutierrez, who is divorced and works as a social

worker for the North Bay Regional Center. "To know they're not alone, and that their peers are going through similar things. To know they have a team of like-minded other little ladies in their school is really great.'

Founded in 1996 in Charlotte, North Carolina, Girls on the Run partners with schools nationwide to offer social, emotional, physical and behavior skills to third- to eighth-grade girls. The nonprofit's ultimate goal is to empower girls particularly those who live in under-resourced communities with tools to navigate life in a world where gender stereotypes and societal pressures come from all sides.

"It's really inclusive," Gutierrez said of the nonprofit.

The program debuted in Napa County in 2006, expanded to Solano County and last year merged with groups in Sonoma County. About 1,900 girls participate in Girls on the Run North Bay activities, according

to Janet Todd, the agency's executive director.

Todd, 61, helped start the local chapter after leaving her job as a corporate executive with a medical device company and moved from Denver to St. Helena, where she coached cross country and track at the local high school.

She was first introduced to Girls on the Run at a 2005 race in Marin County. The organization seemed like the perfect fit for the role she wanted to play in girls' lives.

"I felt very passionately about wanting to help girls be whatever they want in life — to be on a board, at the CEO level, president of the United States,' she said. "To see they have the ability to achieve whatever (they want)."

The program's emphasis on

Designed to empower

inclusivity and empowerment

TURN TO GIRLS » PAGE N10

ABOUT GIRLS ON THE RUN

Founded in 1996 in Charlotte. North Carolina, Girls on the Run partners with schools nationwide to offer social, emotional, physical and behavior skills to third- to eighth-grade girls. Girls on the Run North Bay programs are in Sonoma, Napa and Solano counties.

Volunteer coaches lead the 8- to 10-week program and at the end of the fall and spring seasons, the

Fall program: Monday, Sept. 11-Saturday, Nov. 18

Price: \$25-\$185 (financial aid is

Volunteer: https://bit.ly/3SFNkhT Donate: https://bit.ly/3Yi7PSG More information: https:// www.gotrnorthbay.org





LAMPERTI CONTRACTING AND DESIGN

Largest Selection of Quartzite, Granite and Marble Slabs in the North Bay

In House Tile & Stone Fabrication and Installation • Beautiful Boutique Tile Showroom

Design | Fabricate | Install | One Shop | One Stop

Family Owned and Operated for over 30 Years





3854 Santa Rosa Ave • Santa Rosa, CA 95407 Monday through Friday 8:30 - 5:00 • Saturdays 9:00 - 5:00 707-586-2064 • www.nctile.com • Lic.#641574





Teachers Laurel Stansberry, left, and Magali Barajas coach Girls on the Run North Bay at Kawana Springs Elementary School in Santa Rosa.

CHRISTOPHER CHUNG / THE PRESS DEMOCRAT

GIRLS **CONTINUED FROM N9**

is based on research highlighted in "The Confidence Code for Girls," written by journalists Claire Shipman and Katty Kay.

The data show that girls³ self-confidence begins to drop at age 9, around the same time when their physical activity levels also start to wane.

The 8- to 10-week program is offered every fall and spring, and combines physical fitness such as managing emotions, resolving conflict, helping others and making intentional decisions. Todd said most coaches are women. However, men are welcome to apply.

Each Girls on the Run fall and spring session concludes with a 5K run in which participants wear No. 1 on their race bibs.

The most recent 5K runs in the North Bay, held last November at Rancho Cotate High School and Napa Junction Elementary School, drew 1,300 participants.

The first week of the program celebrates uniqueness and conwith lessons in critical life skills, nection with others. Subsequent weeks cover positive self-talk,

healthy emotions and self-expression, empathy, choosing uplifting friends, conflict resolution and being a good member of the community.

Daily sessions begin with an engaging discussion before transitioning into a "getting-on board" experiential activity, followed by games that involve moving around cones. The sessions conclude with journaling.

The curriculum is based on Richard Lerner's Five Cs Model of Positive Youth Development: competence, confidence, connection, character, caring and contribution.

In the lesson on empathy,

girls are encouraged to put themselves in others' shoes. They are taught they all have "star power" that radiates positive emotions and feelings, and "cloud cover," or negative experiences and emotions, that can obscure this radiance. In those instances, girls can respond by offering words of encouragement, positive actions or by asking simply, "What can I do for you?'

"I didn't realize the depth of the lessons that were being taught until I went through training as a coach and mentor," Gutierrez said. "I was able to bring those things into our home

and to show empathy using coping skills and using your words."

Lessons go beyond the track

Many girls in the program start out shy, but by the end of the sessions bubble with energy and confidence, said Magali Barajas, a volunteer Girls on the Run coach and first-grade teacher at Kawana Springs Elementary School in southeast Santa Rosa.

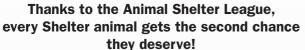
She recalled a specific instance when a girl came to practice feeling down because she'd gotten into an argument with friends. The other girls boosted

TURN TO GIRLS » PAGE N11



BARKafter **DARK**

Rohnert Park Community Center 5401 Snyder Lane, Rohnert Park





they deserve!

Tickets \$50 per person



GATURDAL

MARCH

6:30 - 10:30 P

Dinner and Auction to Benefit the Animals Sat., March 25, 6:30-10:30 p.m. **RP** Community Center Tickets and details at Tinyurl.com/BarkAfterDark2023

Tickets \$60 | Individual \$250 | Table of Four \$350 | VIP Table of Four SCAN ME!



More Info: www.chopsteenclub.org

Learn more about the Animal Shelter League and donate online at AnimalShelterLeagueRP.org





509 Adams Street Santa Rosa, CA 95401 Chop's Teen Club provides a safe, fun and productive place where Sonoma County teens can engage, connect and discover their true potential. Located in the heart of downtown Santa Rosa, Chop's is a modern, 21,000 square foot facility open to all Sonoma County 7th - 12th grade students after school. Programs include culinary, art, music, technology, and athletics. Come check us out!

GIRLS

CONTINUED FROM N10

her up with a "star chant" and positive affirmations of support.

The daughter of immigrant parents, Barajas, 27, said she was unable to participate in most after-school activities when she was growing up because of the cost, or her parents' inability to provide transportation.

Now as an educator who bridges the gap between the challenges many students and families face on a daily basis, her goal is to continue that work outside of the classroom.

"I just felt like something in them reminded me of how I was at that age, and needing to share things that were going on in my day," Barajas said.

She felt drawn to Girls on the Run because of its holistic approach to social and emotional well-being, physical activity, mental health and working together as a team.

Barajas stays active by hiking, walking and playing tennis. But, she pointed out, Girls on the Run isn't about which athlete is the fastest or who can run the farthest

You think running is going to be the priority, but it's about being there for yourself and your team," she said. "Push yourself at your own pace, and when you feel ready, push yourself to do your best.

Girls on the Run debuted in Sonoma County in 2007 in Santa Rosa. Last year, Laurel Stansberry, a 30-year-old kindergarten teacher at Kawana Springs Elementary School, approached administration about bringing the program to campus because she felt there was a need for more after-school activities for students.

The first session in spring 2022 More county schools drew eight girls, the minimum for the group to function. By fall, that number had grown to 13. Both Stansberry and Barajas share coaching duties.

Given her teaching demands, Stansberry said she is challenged finding the time and energy for the twice-a-week practices. But she feels the experience is worth the sacrifice.

'It forces me to be in the moment, to forget about the day and have a more positive expe-



Teachers Laurel Stansberry, right, and Magali Barajas coach Girls on the Run at Kawana Springs Elementary School in Santa Rosa. Girls on the Run is in the Bellevue Unified and Santa Rosa City Unified school districts, and hopes to expand into Roseland.

rience," she said. "Although it's hard, it's very worth it. Every time?

Girls on the Run North Bay has an annual budget of \$650,000 and employs a staff of five who are spread across the three counties. About \$450,000 of that amount is raised through grants, individual contributions, sponsorships and fundraising events, according to Todd.

Girls on the Run charges participants \$25 to \$185 for the 8- to 10-week program, which is also offered at no cost to those who

qualify for financial aid. The Napa Valley Unified School District's Board of Trustees recently voted to underwrite

the program cost for girls who receive free school lunches, are homeless or in foster care, if they are on an independent learning plan or are an English language learner.

Todd said she's hoping for similar partnerships in Sonoma County, where about 45% of participants currently receive financial aid. That compares to about 75% in Napa County.

Girls on the Run is in the Bellevue Unified and Santa Rosa City Unified school districts, and has designs on expanding into Roseland, according to Todd. She said the program has also begun talks with the La Luz Center and El Verano Community School in Boyes Hot Springs.

"We want all girls to participate in the program if they choose to," she said. "We don't want their income level to hinder them.'

After 17 years at the helm, Todd said she still feels motivated by the joy of watching girls achieve that "a-ha" moment when they use words to express their feelings.

"This is the time my heart gets filled," she said.

Gutierrez, who posts positive affirmations in a hallway of her home to help inspire and motivate her two girls, said Girls on the Run has helped lift Jeneva and Jada out of COVID-19 "depressions" and related feelings of isolation.

The program "really mirrors and echoes how I am raising my children," she said.

As a bonus, family hikes are a lot more fun. Prior to Girls on the Run, these outings often devolved into tears.

"They were pretty lazy. My little one, she hated going on walks," Gutierrez said. "Now, she goes out on a run and I mean, she kills it."





Founded and headquartered in Sonoma County, national nonprofit Canine Companions is the largest provider of service dogs to adults, children and veterans with disabilities. Each service dog and a lifetime of follow-up services is provided free of charge.

Donate | Apply | Volunteer

Learn more at **canine.org**.



This ad generously sponsored by Russian River Brewing Company, who raised Canine Companions puppy Pliny, now a certified therapy dog! Follow Pliny on Instagram @plinypup.





CA PANIO COOR D



725 FOURTH STREET, SANTA ROSA 700 MITCHELL LANE, WINDSOR (707) 545-BEER (2337) RUSSIANRIVERBREWING.COM

O @RUSSIANRIVERBREWINGOFFICIAL O @PLINYPUP





Students who participate in HANDS-ON, CAREER-CONNECTED LEARNING say they have greater

- **READINESS** for their future
- ENGAGEMENT in their classes
- Sense of BELONGING at school

CTE Foundation is transforming THE EDUCATIONAL EXPERIENCE in Sonoma County through

Sonoma Corps



- Paid gap-year internships
- Work-ready skills + scholarships
- Pathways to viable SoCo careers

EMPLOYERS HOST AN INTERN:

ctesonomacounty.org/sonomacorps

Tinker Academy



FREE middle school STEM camp
Coding, robotics, crafting + design

• 3D printers, laser cutters + more

STUDENTS

APPLY BY APRIL 3:

ctesonomacounty.org/tinker

CALL FOR MORE INFO: (707) 708-7080

CAREER TECHNICAL EDUCATION FOUNDATION Thank you to our friends at Friedman's Home Improvement for donating this ad.



BUILDING COMMUNITY TOGETHER

























At Friedman's we believe in people helping people. We support the community that's supported us for the past 76 years. Through a legacy of volunteerism and philanthropy, we pitch in to help out.



friedmanshome.com/community-partners

LITERACYWORKS CENTER

Team, students build literacy confidence

Program has provided \$1,459,601 in scholarships to over 1,394 students

By **NICOLE ZIMMERMAN** FOR THE PRESS DEMOCRAT

hen Leticia Garcia Arango started classes at both Santa Rosa Junior College's campus in 2016, she had little direction.

"I didn't have a major. I didn't know what I was doing," the 24-year-old Petaluma resident said. "I wanted to go to a fouryear college, but I just didn't know how it worked." That all changed two years

later when she became a client of the Literacyworks Center.

Registered with the California Department of Education as a professional development center, the Literacyworks Center has provided support for adult education since 1995. Established in partnership with SRJC on the Petaluma campus in 2015, the center offers personal and financial assistance to underserved adult learners to help them identify and achieve their educational goals. Of the 110 or so students the program accepts each semester, 90% are Latino.

Garcia Arango, who attended Casa Grande High School, entered SRJC as an ESL (English as a Second Language) learner because she tested below the college-ready level in English. Due to the extra support she

ABOUT LITERACYWORKS CENTER

Established in 2001, the Literacyworks Center goal is to ensure that all individuals have the skills, support and opportunities to thrive in a complex and interconnected world. The organization advocates for and addresses the needs of local residents with low literacy skills. They also promote and celebrate lifelong learning in practice by showcasing writing and commentary.

As of fall 2022, the Literacyworks Center alumni have a total of 22 associate degrees, 17 transfers to universities, 78 certificates and 67 GED completions. The program also has provided \$1,459,601 in Adult Literacy Awards scholarships to over 1,394 low-income and low-literacy students in Sonoma County.

Location: 625 Second St., No. 107, Petaluma

More information: 707-981-8086, info@literacyworks.org

Donate: https://www.literacyworks.org/donate

received from the Literacyworks Center, she was able to complete an associate degree with honors from SRJC in 2019, then transferred to UCLA



CHAD SURMICK / THE PRESS DEMOCRAT

Literacyworks Recruiter and SRJC Outreach Specialist Enedina Vera discusses scholarship requirements with Literacyworks Center scholarship winners on March 7 in Santa Rosa.

where she majored in sociology and minored in Chicano Studies. She's first generation, and the first of five siblings in her family to graduate from college.

Now the Literacyworks Center alumna works part-time for the nonprofit organization to assist ESL learners whose primary language is Spanish. In addition to translation services, she helps new students navigate the educational system and connect with on-campus resources — from the food pantry to the Dream Center, which provides free immigration legal services When the Literacyworks Center Director Chris Schultz learned Garcia Arango had returned to the area and was hired at SRJC as a part-time program assistant at the college's Extended Opportunity Program and Services, he reached out and offered her a new position with the Literacyworks Center in November. She now helps parenting students as a CalWORKS adviser in addition to working 10 hours

for undocumented students.

TURN TO LITERACY » PAGE N15



ND US ON OCIAL MEDIA

SCAN QR CODE

GRUPO FOLKLÓRICO QUETZALÉN FOLKLORICO CLASSES PERFORMANCES WORKSHOPS

Our mission is to educate, preserve and promote the splendor of Mexico's **traditional folk dance**. This ad is **sponsored by**

North Bay CU

WWW.QUETZALENGF.COM

LITERACY CONTINUED FROM N14

per week for the Literacyworks Center. She has offices in both Santa Rosa and Petaluma, where she splits her time between campuses.

Schultz calls Garcia Arango "a dynamo." He points out that her educational goals went against the odds, as only about 2% of students in the program get an associate degree. He added, her motivation and drive was "outstanding from day one."

Uplifting local students

In 2016, a family foundation in Sonoma County pledged \$200,000 per year to the Literacyworks Center, earmarked solely for student scholarships. Program participants received Adult Literacy Awards of \$1,000 per semester and students who had a child under 17, got \$1,500. The funds cover expenses such as books, transportation. childcare or anything that might hinder the student's access to an education.

"This semester, we have 83 (students who received Adult Literacy Awards) as of this morning. And there's no question that we can get more than 110," Schulz said in January. "We now have a waiting list At this point in our program, we can get the 110 students, but we want to serve the students who are serious, self-directed, hopefully have children who will be inspired and go on."

The Literacyworks Center Executive Director Paul Heavenridge said the organization has provided \$1,459,601 in Adult Literacy Awards scholarships to over 1,394 low-income and low-literacy students in Sonoma County.

To be eligible, learners must qualify as low-income and initially test below college level in reading, writing and math. Unlike most scholarship programs, there's no



CHAD SURMICK / THE PRESS DEMOCRAT

Literacyworks Recruiter and SRJC Outreach Specialist Enedina Vera discusses scholarship requirements with Literacyworks scholarship winners during a meeting on March 7 in Santa Rosa. The program also has provided \$1,459,601 in Adult Literacy Awards scholarships to over 1,394 low-income and low-literacy students in Sonoma County.

requirement to take a minimum number of units at SRJC, whether that's a non-credit ESL course or a computer class — anything that gets students through the door.

Success is measured by each individual.

For instance, one woman took business classes so she could start her own catering company. Another, a widow with two children, gained the confidence to start her own cleaning business.

The Literacyworks Center has a less than 10% dropout rate each semester, far below the national average. Approximately 60% of incoming first-year students don't make it through the first semester or two of community college and the retention rate has plummeted since the pandemic.

As of fall 2022, the Literacyworks Center alumni have a total of 22 associate degrees, 17 transfers to universities, 78 certificates and 67 GED completions. "It has proven itself as

a model program," said retired Congresswoman Lynn Woolsey, an honorary board member. Rep. Woolsey also steers Friends of the Center, a volunteer group that promotes and publicizes Literacyworks Center programs. She calls it "the perfect thing to become involved in" following her resignation from Congress in 2013.

Finding an advocate

Schultz said the center, which operates with a small staff, does not solicit applications.When the program began, the first 25 learners to receive Adult Literacy Awards were childcare workers from early childhood education programs, most of whom did not hold college degrees. The next year they had 75 participants.

Now the organization does outreach at sites like Tomales Elementary School, where many parents work on ranches and attend evening classes at the SRJC campuses. Referrals also come from community partners such as the federally-funded High School Equivalency Program, which helps migratory and seasonal farmworkers gain employment or begin post-secondary education.

"It blows me away," said the Literacyworks Center Executive Director Paul Heavenridge, who also serves as the Sonoma County Library commissioner for Petaluma. "I didn't have that kind of stamina and I had all the privileges you can imagine."

For the students who rely on the program, having an advocate is key to their success.

"Sometimes you just need one person to believe in you," said Garcia Arango, who credits her success with the personal connections she made. " ... I was really well connected. I had a whole village"

She said Schultz and the Literacyworks Center Executive Administrator Rita Sorpranith are on the list of allies who had a huge impact on her education. In addition to utilizing Extended Opportunity Program and Services at SRJC, and the learning community the Puente Project while she was a student, Garcia Arango held a job as a student success coach and learned from the supervisors who mentored her.

Bigger impact at play

Each semester, the Literacyworks Center students are required to see a college counselor and attend two informational workshops the organization offers. Another requirement is that they have in a one-on-one interview designed to assess the student needs as well as the program's impact.

The final question asked during the one-on-one interview with students is: What's the most important motivation in your life?

According to Schultz, nearly everyone names their family. "I want to be a model for my children so they know the value of education," he said people often say.

Students are also asked to contribute to Student Voices. Student Voices is a compilation of quotes and stories on the Literacywork Center's website where students share how the program helped them achieve their goals.

"We want to serve students who are serious and self-directed," he said. "Our job is to support them, have their back, and make sure that they stay in college."

Alumni like Garcia Arango share their stories and hope to inspire others who may question their own ability to succeed. Seeing others in her cohort thrive certainly motivated her.

"It helps you envision it. It's not impossible," she said. "Yes, it's hard, but it's doable."

Her younger sister, also an alumna of the Literacyworks Center, will graduate from UC Berkeley in June. They to encouraged their older sister to go back to school and attend SRJC. She did and was able to transfer to UC Riverside. Their two younger brothers, in middle school and high school, are already thinking about where to attend college.

Garcia Arango, who graduated from UCLA in 2021, is now determined to pursue a master's degree and a possible career in higher education.

In October she won a travel fellowship for first-generation college students interested in the Education Leadership, Organizations, and Entrepreneurship Program at the Harvard Graduate School of Education, where she met professors, students and alumni.

"Seeing other people who've done it, who look like me, makes it more attainable," she said.

Meanwhile, she's always willing to help others. "Literacyworks did so

much for me that the only thing I can do is give it back."

VISA

臼



Sonoma Branily

We're Sonoma County's original member-owned financial co-op since 1948. Members enjoy every service banks offer, but at a much lower cost. There's always a friendly staff member eager to help at our convenient branches near you. Stop by today and see how we can benefit you and your family!

We are proud to be the Official Bank Sponsor of Grupo Folklórico Quetzalén.

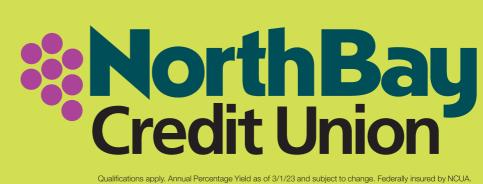
Keep your money local



Totally free Rewards Checking pays 2% Open your account online or at any branch.

NorthBayCU.com

707/584-0384 talkwithus@northbaycu.com Santa Rosa · Healdsburg · Sonoma Valley · Rohnert Park



:NorthBayCU



Service to Sonoma County

Ending HIV in Sonoma County while supporting the health and well-being of people living with HIV/AIDS

> **HIV/HCV** Testing **PrEP Prescriptions Overdose Prevention Syringe Exchange Narcan Distribution Housing & Care Services**

Open Tuesday-Friday, 8:30am to 4:30pm

873 Second Street, Santa Rosa 707-544-1581 f2f.org

Se habla español

Honoring Community



From left to right: Kathy Moore, Vice President and Branch Manager, Summit State Bank; Pedro Toledo, Chief Administrative Officer, Petaluma Health Center; Molly Jouaneh, Chief Financial Officer, Petaluma Health Center; Brian Reed, President & CEO, Summit State Bank and Kathryn Powell, Chief Executive Officer, Petaluma Health Center

Summit State Bank has contributed more than \$3.5 Million



to Sonoma County Nonprofits through our partner program

Nonprofits are essential to our community. They understand residents' needs and provide critical support services that improve the health and wellbeing of our neighbors, friends, and family. Their efforts give voice to the underserved, increase prosperity for all, and lead the way to building a better Sonoma County.

At Summit State Bank, we take serving our community seriously and are committed to making a difference, just as you are. Our Nonprofit Partner Program is designed for 501(c) tax exempt organizations to enhance your fundraising efforts and maximize your organization's money so that you can focus on what's important – your mission.

Visit: SummitStateBank.com/HonoringCommunity



to see how we can help your nonprofit organization reach its goals.



summitstatebank.com | 707.568.6000



10,000 Degrees Annual Gala

COMMUNITY An Event Benefiting Our Students & Programs in All Eight Counties We Serve

tmazina

Join us to support local students from low-income backgrounds to and through college.







SATURDAY, APRIL 29, 2023

5:30 P.M. | Marin Civic Center Exhibit Hale

CELEBRATING OUR AMAZING LEAD SPONSORS!

ONE Amazing Community Gala Co-Chairs: Suzanne Badenhoop & Guy Lampard

\$50K VALEDICTORIAN SPONSOR \$10K MASTER'S SPONSORS

Herb & Jane Dwight

\$25K PRESENTING SPONSOR

Alison & Mike Mauzé

\$15K DOCTORATE SPONSORS

Carmen Castro-Franceschi & Greg Franceschi Susan & Dennis Gilardi

\$5K BACHELOR'S SPONSORS

Eric Bindelglass & Gabrielle Tierney

Christopher Boyd

Sandy Donnell & Justin Faggioli

Judy & Jim Edgar

Jenn & Ryan Fay

Jay & Kären Abbe Suzanne Badenhoop &

Guy Lampard

- Graham & Talia Brandt
- Lynn Brinton & Dan Cohn
- Susan & Mitchell Cohen

Tracy Solomon

- Denise & Mark Steele
- Marty & Marlene Stein

Sheila & Thomas Larsen Drs. Denise M. Lucy & Françoise O. Lepage Rick & Kathy Moreno Jerry Peters & Robin Corey William Smith & Ann Aylwin

English/Spanish adoption counseling Senior & Veteran adoption programs Companion animal training & support Community engagement programs Youth education programs Animal assisted therapy Low cost spay/neuter clinic Low to no-cost clinics Free pet food pantry



DONATE

Your donations help animals find and keep homes.

Thank you for your support. HumaneSocietySoCo.org

Deborah & Jonathan Goldman

Vikki & Derek Ku

our Hel



OneAmazingCommunity.org



Scan to purchase tickets & learn more about the event

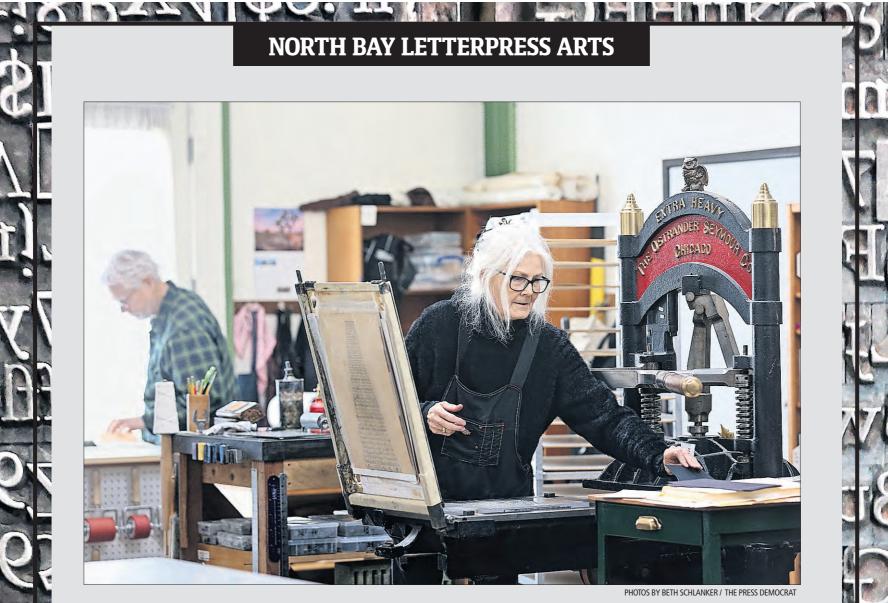
Michael & Janet Verlander

Sponsors as of 2/28/23

10,000 Degrees mission is to achieve educational equity and to support students from low-income backgrounds to and through college to realize their full potential and positively impact their communities and the world.

To learn more about how you can support our students, visit **10000degrees.org**





Artist Lyn Dillin uses a letterpress to make prints on Feb. 16 at the North Bay Letterpress Arts' 1,600-square-foot studio in Sebastopol.

Old-school printers keep impressing

Artists at Sebastopol studio craft books, prints while teaching history

By **MATT VILLANO** FOR THE PRESS DEMOCRAT

ong, long ago, it would take the better part of an entire day to set and print newspaper stories just like the one you're reading right now.

Typesetters would work around the clock to line up tiny pieces of metal with individual letters on each of them to form words, sentences and paragraphs to ultimately form a full story on a page. Once the entire story was set and locked, it was inked and then pressed with paper to create a print.





To make full newspapers, press operators would then print hundreds and thousands of copies by hand.

The process was arduous. Painstaking, even. Yet it paved the way for the digital publishing industry we know today.

Old-school publishing lives on inside a small studio next door to Handline restaurant on Gravenstein Highway in Sebastopol. Here, at North Bay Letterpress Arts, artists and members share their passion for old-school letterpress printing.

The studio has nine presses in all, as well as more than 250 different typefaces and 1,000 cutouts (which were basically the distant precursor to emojis). In addition to carrying on an art form, the organization is giving back to the local community in a big way. They've secured grant money to bring in local high school and junior high school students inside the space to teach them all about printing history.

"We're at the crossroads of classical process and a creative approach," said executive director Andrew Mecum, who joined the nonprofit a year ago. "We are giving people the art of letterpress, and we're also giving them a connection to history."

Process creates magic

The organization now known was formed as a nonprofit in spring 2015, and it grew out of the work of Eric Johnson's Iota Press, which has had a public shop in Sebastopol since June 2009. Johnson began with the

Eric Johnson, founder of the North Bay Letterpress Arts nonprofit, puts together metal type pieces for a printing job in Sebastopol.

idea of teaching the craft of old-style letterpress printing, and exploring its range for making books and artistic prints. North Bay Letterpress Arts extended and amplified those goals.

With letterpress, blocks of ink-stained metal type are arranged in rows and pushed down onto paper.

In the eight years that have transpired since day one, North Bay Letterpress Arts has printed more than 200 books and art pieces. Many have been shown in galleries and at book fairs.

Today the 1,600-square-foot North Bay Letterpress Arts studio is a vibrant space of creativity. On any given day you might find four or five letterpress artists working on projects, toiling away to get a finished project of pamphlets or cards or small books just right.

There are nine presses in all, including one hand press, three platen presses, and three cylinder presses. The room also features a small library of printing books, as well as giant wooden cases that resemble map drawers. Inside each of these cabinets are thousands upon thousands of individual metal letters. These letters, in more than 250 different typefaces, form the basis of every print job the studio does.

"It's taken us a while, but we've really put together a nice mix of historic material that really enable people to be creative when they come in here," Mecum said.

The process of printing on a letterpress is physical — not quite like working in a factory, but something you can hear, smell and feel. Metal letters clink next to each other when they are placed on each press. When artists push down on press levers to make the actual print, the machines let out a loud whoosh of air. The pungent smell of ink pervades the air as it oozes over rollers on each press.

Studio printers often talk about a meditative state they go into while working the letterpress.

"You get going and all of a sudden, three hours have gone by," said Katie Nealon, a past president of North Bay Letterpress Arts and one of the studio's current instructors. "The process is creative and also very relaxing."

Nealon, who has her own commercial printing studio and business next door, said she likes working with letter-

ABOUT NORTH BAY LETTERPRESS ARTS

North Bay Letterpress Arts is a center of teaching and practicing letterpress printing that was formed as a nonprofit group in the spring of 2015 in Sebastopol. The group of studio printers pay a membership fee to use the facilities. The shop hosts workshops, tours, exhibits, poetry readings, book launches, musical performances, movie nights and a virtual bemusement park.

Location: 925 D Gravenstein Highway South, Sebastopol

Become a member: https://bit. ly/3ESEsjj

Donate: https://bit.ly/3y6vsTH

More information: 415-312-2361, https://bit.ly/3ILDZAp

press because she sees it as an "all-encompassing mix of history and engineering and math and art and literature."

Mecum, who took over as executive director in 2020, agreed and added he appreciates letterpress because it prompts a different kind of problem-solving.

TURN TO LETTERPRESS » PAGE N20





Inside each of the cabinets at North Bay Letterpress Arts are thousands upon thousands of individual metal letters. These letters, in more than 250 different typefaces, form the basis of every print job the Sebastopol studio does.



Type wash, lacquer and kerosene sit in canisters on Feb. 16 at North Bay Letterpress Arts.



The studio has nine presses in all, as well as more than 250 different typefaces and 1,000 cutouts (which were basically the distant precursor to emojis).





"When you work in the analog physical world, you have to work with constraints," he said. "You have to ask yourself, 'How can I fix this problem right here in the moment?' It's a process-oriented art form. The process is where a lot of the magic comes from."

Students in the studio

Members — dubbed Studio Printers — keep North Bay Letterpress Arts running. Each of the 13 members receive a certain amount of studio time every week and can use the space as they see fit within their allotted hours.

The organization also sponsors regular field trips — many of which will be underwritten by a two-year, \$40,000 grant North Bay Letterpress Arts receives this April from the California Arts Council. The California Arts Council grants millions of dollars worth of funds to support artists, culture bearers and cultural workers throughout the state of California.

The Child Youth Development Grant will cover two years' worth of workshops for North Bay K-12 students, as well as transportation. The cost to schools is zero.

Some schools have participated in workshops and field trips to North Bay Letterpress Arts already. Art Escape, in Sonoma, is one of them. Program director Elizabeth Feroze said she has accompanied students to the Sebastopol studio twice — once in 2019 and again in 2022. During both field trips, Mecum and the organization's staff of volunteers led students in poster-making projects. They also gave kids a brief history and background on letterpress printmaking.

Feroze noted that before her students visited the first time, they had explored several other types of printmaking including collagraphs, lino cuts and etching.

"Throwing in letterpress



North Bay Letterpress Arts Executive Director Andrew Mecum, right, talks with printer Lyn Dillin at the shop. The studio members are dubbed Studio Printers. Each of the members receives a certain amount of studio time every week during which they can use the space as they see fit.

was a fantastic addition (to the curriculum)," she said. "(The students) had never been around equipment like that, and it was so cool to see the joy on their faces as they learned how to use old technology."

Aurora Duley certainly had a memorable experience at North Bay Letterpress Arts. The 12-year-old visited earlier this year with a group from the Waldorf School of Mendocino County in Calpella. During the five-hour immersion class, Duley and her classmates wrote poems, then learned how to set type and apply ink to make prints of their words.

Duley said she appreciated how intricate the preparation was before printing.

"With a digital printer, you just push a button, and the machine does all the work," she said. "It was really cool to spend time setting everything up and making sure it was going to work exactly the way we wanted it to work."

Calendar full of events

In keeping with the notion of using the studio as a place to teach people about the art and history of letterpress, North Bay Letterpress Arts has put together a schedule of open-tothe-public workshops for the next few months.

All workshops include materials.

An "Intro to Letterpress" workshop will be held from 10 a.m. to 2 p.m., and is \$100 per class. Available dates are Wednesday, April 12; Sunday, May 14; and Sunday, June 11. A separate workshop revolving around letterpress cards will be held from 10 a.m. to 2 p.m., and is also \$100 per class. Available dates for this class are Sunday, March 26; and Sunday, May 28.

An additional workshop on concertinas, accordion books and pleated-fold books will be held from 10 a.m. to 5 p.m. on Sunday, March 19. The cost for this one is \$175.

Finally, another recurring class revolves around poetry — in this one, Nealon will work with students to compose three or four poems, then teach them the basics of typesetting. The \$75 class runs from 6-9 p.m., and is held on Wednesdays: April 12, May 17 and June 14.

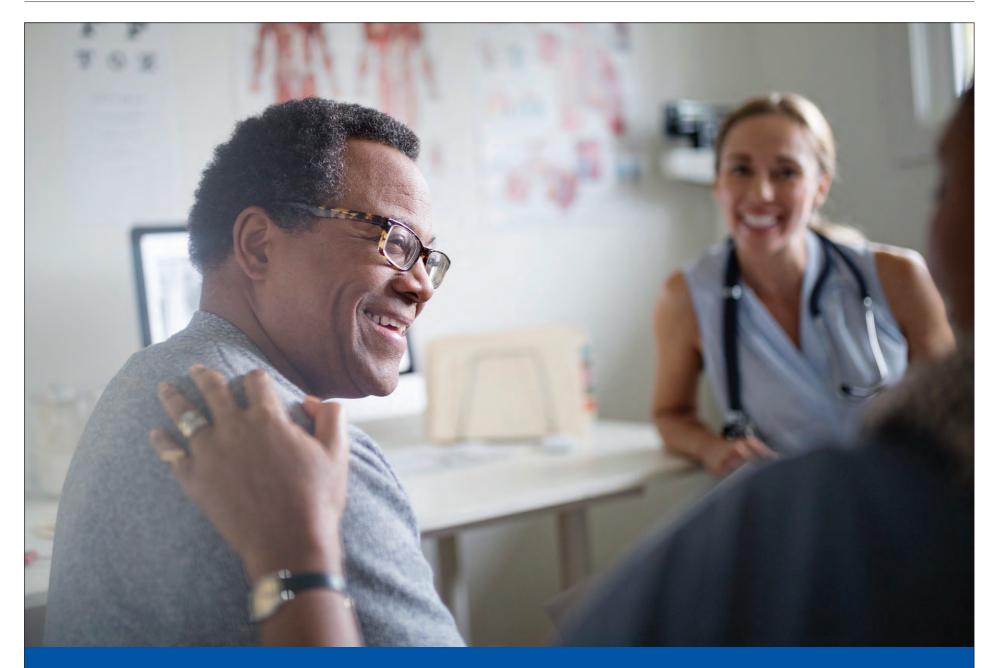
Looking forward, Mecum said he is putting the finishing touches on a special workshop in April that will pay tribute to comics and cartoons.

The calendar at North Bay Letterpress Arts is constantly evolving, part of an effort to keep the public engaged.

The nonprofit also will host open studio days where anybody can come in and be assisted to pull a print or two on one of the presses.

According to Mecum, this is his biggest challenge — keeping letterpress relevant in the digital age. Yes, the result of letterpress printing is beautiful, but he said it's important never to fall in love with the product.

"This art form is entirely about process — printing is the easy part," said Mecum. "When you're working with technology this old journey always is in the destination."



Giving From the Heart, for the Heart.

"The skill and care of your hospital staff allowed me to survive my cardiac incident, and I am doing well today. I wish to honor and thank the doctors, nurses, and technicians who saved my life that night and cared for me."

SANTA ROSA MEMORIAL HOSPITAL CARDIAC PATIENT

Thanks to the generosity of our community, Providence Santa Rosa Memorial Hospital has two state-of-the-art catheterization labs that provide quick, precise diagnoses and treatment for a variety of cardiac and vascular conditions.

We're able to provide the finest healthcare around because of your support.

Providence Santa Rosa

Memorial Hospital Foundation

To learn more about Providence Santa Rosa Memorial Hospital Foundation, please call 707-525-5357 or visit Providence.org/santarosafoundation.



(FRIENDS IN SERVICE HERE) OF SANTA ROSA

is an independent, all-volunteer food pantry in Sonoma County. We give wholesome groceries to **anyone needing a helping hand** — struggling families, seniors, disabled, homeless, unemployed, and working people. Everyone is eligible to receive food and no one is turned away empty-handed.

- F.I.S.H., Friends in Service Here, a food pantry for all, has fulfilled its mission of providing healthy, fresh food to Sonoma County residents suffering from food insecurity since 1972 - over 50 years!
- An all-volunteer staff of 50+, including Executive Director, serves bags of food to an average of 400 families per week from the F.I.S.H. distribution center in Roseland.
- Volunteers pick up purchased food daily from Redwood Empire Food Bank where our purchasing power of \$1 gains us 5 pounds of healthy food. Others load their personal cars with perishable food items donated from local retail stores to distribute immediately to clients. • The number of clients we serve increases steadily due to the high cost of living locally, job losses due to the Covid pandemic, and the burgeoning unhoused population in our community. • Inflation has hit us hard. Without any government support, we rely on grants from generous local organizations and individuals to cover our operating costs. • The median age of our volunteers is over 70 years of age. We seek more volunteers to carry out our mission.







1710 Sebastopol Road Santa Rosa, CA 95402 707.527.5151 fish-of-santa-rosa.org

Donated by Exchange Bank



Exchange Bank customer since 1975

Making it possible.

Together.

We believe in helping our community and those in need.

anine

We're your local bank and we're here to help.

EXCHANGEBANK.COM



SAN FRANCISCO BUSINESS TIMES CORPORATE PHILANTHROPY AWARD WINNER 2022





Events encourage outdoor adventures

There are more than 3,000 nonprofits registered in Sonoma County. These organizations raise funds and hold events that help benefit the communities and people they aim to uplift. Here is just a small sampling of upcoming events hosted by some of the county nonprofits. Be sure to check each event listing's link or with the organization for any specific details relating to registering and any other questions.

MARCH

MONDAY, MARCH 20 FUNDRAISING EVENT: Yoga Series 2023: Practice yoga at various farms and wineries all year long. All of the proceeds from this event will go to Food For Thought, a nonprofit organization dedicated to meeting the nutrition needs of people at risk of malnutrition and living with serious medical conditions and food insecurity in Sonoma County. Classes will be held about monthly, and all will be 75-minute, slow-flow Hatha/Vinyasa style for all levels, taught by Food For Thought's development coordinator and local yoga teacher Elana, or another experienced instructor. Attendees will get the opportunity to learn more about the venue and their offerings either before or after class briefly, and we ask that you please stay to show them your support, as all sites are donated. \$25. 6-7:30 p.m., Monday, March 20. 5220 Ross Road, Sebastopol (Ron Rubin Winery). https://bit. ly/3YWn5WH

MARCH 20-24

FOR KIDS: Spring Break Nature Camp: Landpath's Spring Break Nature Camp is a nature-based day camp for kids 6-13. Spring break campers will learn and play while exploring the rich environment of Preston Farm and Winery. The 125-acre family farm is nestled between a meandering salmon-spawning stream and a sleepy stretch of former wagon trail. The Preston family has stewarded the land for the past 45 years and created a diversified farm



Akira Supanich, 8, runs through a field of wildflowers trying to catch insects at the LandPaths Spring Break Nature Camp at Preston Farm in the Dry Creek Valley. Landpath's Spring Break Nature Camp is a nature-based day camp for kids 6-13 that runs March 20-24.

including vineyards, vegetables, fruit and olive trees, grain, and pastured livestock. Grounded in youth-centered discovery, campers will learn about organic farming as we plant, harvest, and discover the amazing biodiversity of life on the farm and in the streams that make this place so unique. We will learn about the unique life cycles of plants and animals, study beneficial insects, and play nature games in the fields and orchards. At the heart of our camp is the opportunity for every camper to build memorable connections with the land, a foundation for a healthy community that deeply values caring for each other and the land. Full payment is due at the time of registration and scholarships are available. There will be no deposits or partial payments (aside from pre-approved scholarship recipients). For more information, contact Lesly Caballero, Lesly@landpaths.org, 707-544-7284, ext 109. \$320. 9 a.m.-3 p.m., March 20-24. 9282 W. Dry Creek Road. (Preston Farm and Winery). https://bit.ly/41ktqNb



The volunteer Pied Piper of the LandPaths Spring Break Nature Camp plays the baritone horn while leading a group of kids through a field of wildflowers used as a cover crop at Preston Farm in the Dry Creek Valley. SATURDAY, MARCH 25

FOR TEENS: How to Draw "Peanuts": Learn how to draw your favorite cartoon characters. Cartoonist Robert Pope has worked on "Peanuts," Batman, Bugs Bunny, Scooby-Doo and many more. He will discuss his creative process and teach you how to draw some of the Peanuts Gang characters and more. Price is included in museum admission and the event is free for museum members. 11 a.m., Saturday, March 25. Charles M. Schulz Museum, 2301 Hardies Lane, Santa Rosa. https://bit. ly/3GCz83A

OUTDOORS: Learn to Classify Wildlife Camera Photos: Learn how to classify wildlife photos and videos recorded at LandPaths' Bohemia Ecological Preserve and Riddell Preserve. Since 2014, LandPaths volunteers and staff have participated in a Wildlife Camera Program that helps develop an understanding of the animals present at LandPaths' preserves while connecting people to land. This training is for anyone who's looking to volunteer, either at home or in the LandPaths office, and anyone who wants to help to classify new photos and videos captured on the wildlife cameras. LandPaths will provide water, individually-packaged snacks, masks (for those who want them), access to the internet and access to the Google drive with wildlife photos. Bring a laptop. Limited desktop computers will be available for volunteers who are unable to bring a laptop. Please notify Benjamin Bravo if you need to use a desktop computer. 10 a.m.-1 p.m., Saturday, March 25. 618 Fourth St., Suite 217,

TURN TO EVENTS » PAGE N25

Celebrate Community Partners



Are linked together as they seek to enhance our Community by donating advertising and funding to local non-profits.

> Want to learn more? Visit www.celebratecommunity.com

EVENTS

CONTINUED FROM N24

Santa Rosa (LandPaths Office). https://bit.ly/3lSKbyG

CREATIVE: "Peanuts" in

Publication: Celebrate the new "Peanuts" books "Snoopy Soars to Space" and "Adventures with Linus and Friends!" Join the creative team responsible for bringing "Peanuts" to the pages, including editorial director Lex Fajardo and artist Robert Pope. Learn how they adapted the classic comics into these new publications in this live presentation, followed by a book signing. Price is included in museum admission and the event is free for museum members. 2 p.m., Saturday, March 25. Charles M. Schulz Museum, 2301 Hardies Lane, Santa Rosa. https://bit. ly/3GBsLNO

SUNDAY, MARCH 26

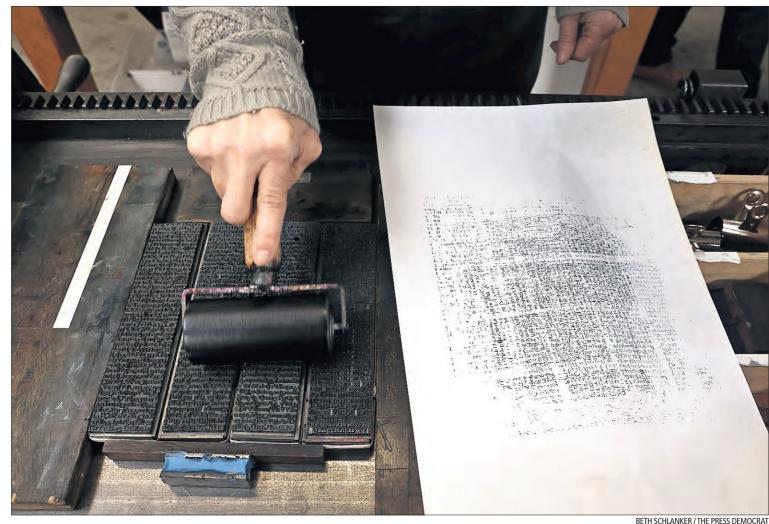
CREATIVE: Letterpress Cards: Learn how to make cards on a letterpress at North Bay Letterpress Arts. Price: \$100 for the four-hour class and materials are included. 10 a.m.-2 p.m., Sunday, March 26. 925-D Gravenstein Hwy. S., Sebastopol. https://bit.ly/3If3tal

APRIL

SATURDAY, APRIL 1

CREATIVE: Popeye The Sailor Man Animation Celebration: Have fun with a special screening of newly restored original "Popeye the Sailor" cartoons by Fleischer Studios in high definition. Join animation historians and special guest Jane Fleischer Reid for a discussion and Q&A after the screening. Price for the event is \$15 for adults, \$10 for seniors, \$5 for youth. Tickets are available below and at the door. Members receive 20% off admission. Museum Theater seating is on a first-come, first-served basis. 7 p.m., Saturday, April 1. Charles M. Schulz Museum, 2301 Hardies Lane, Santa Rosa. https://bit.ly/3X9AAl1

CRAFT FAIR: Petaluma Elks Charity Craft and Vendor Faire: Over 60 crafters and vendors are selling items from holiday decor, gifts to collectibles and oneof-a-kind finds. Attendees will



Judi Goldberg rolls out ink on forms of random letters for an artistic effect on Feb. 16 at the North Bay Letterpress Arts studio in Sebastopol. Learn how to make cards on a letterpress on March 26.

find jewelry, clothes, pottery, glasswork, kids toys, books, dolls, miniatures, candles, soaps, furniture and more. There will be fresh pastries, coffee, hotdogs, soda and treats. Free. 10 a.m.-3 p.m., Saturday, April 1-2. Elks Lodge No. 901, 2105 S. McDowell Blvd., Suite A, Petaluma. https://elks901.org/craft/

WEDNESDAY, APRIL 12

CREATIVE: Intro Letterpress: Learn how to use a letterpress at North Bay Letterpress Arts. Price: \$100 for the four-hour class and materials are included. 10 a.m.-2 p.m., Wednesday, April 12. 925-D Gravenstein Hwy. S., Sebastopol. https://bit.ly/3Xn-VYCm

CREATIVE: At The Case: Poems And Instabook at North Bay Letterpress Arts. Price: \$75 for the three-hour class and materials are included. 6-9 p.m., Wednesday, April 12. 925-D Gravenstein Hwy. S., Sebastopol. https://bit. ly/3XnVYCm

SATURDAY, APRIL 22 PARADE: Butter & Egg Days Parade and Festival: The 2023 parade highlights 40 years of tradition in Petaluma and is an opportunity to celebrate the community and history. This year the annual event celebrates the Ruby Jubilee Anniversary and the theme "There's no Place Like Home," which will incorporate artistic visions from the Land of Oz, ruby slippers, Earth and what makes Petaluma such a special hometown. The parade will showcase over 100 units with approximately 3,000 participants and 200 volunteers. There will be a variety of festival foods, crafts, arts, two large "kid areas," and more spread over four city blocks. Parade entrants will need to incorporate the



KENT PORTER / THE PRESS DEMOCRAT, 2022

to incorporate the Caroline Hennessy and her dad wait for the cutest little chick contest prior to the Petaluma Butter & Egg Days Parade and Festival. This year's annual event is on April 22.





Our mission is to provide accessible, quality health care to those who need it, especially the underserved.

SONOMA-VALLEY COMMUNITY HEALTH CENTER

SERVICES

- Primary Care
- Annual Physicals
- Immunizations
- Women's Health
- Limited Laboratory
- Children Services
- Mental Health
- Diabetic Education
- Application Assistance
- Dental
- Specialty Services
- In-House Pharmacy
- Transportation
- Optometry

Call today to learn more about how we can serve you and your loved ones!

707.939.6070 • community@svchc.org www.svchc.org

19270 Sonoma Highway, Sonoma, CA 95476

To make a gift online, please visit www.svchc.org and click on *donate now*

EVENTS CONTINUED FROM N25

theme "There's No Place Like Home" into their float design. The theme gives nonprofits, businesses, organizations and individuals lots of options for showing off their creativity in their designs. Free. 10 a.m.-5 p.m., Saturday, April 22. 100 Petaluma Boulevard N., Petaluma. https://bit.ly/3ZzeEAH

CREATIVE: Comic Artist Badge Workshop: Girl Scout Cadettes will earn and receive their Comic Artist badge in this special hands-on workshop at the Schulz Museum. Museum staff will teach Cadettes how to develop stories and characters and create a four-panel comic strip from beginning to end while completing all five steps of the Comic Artist badge. Girl Scouts can attend in person at the museum or online. Price is \$35 per Girl Scout and registration is required. 10 a.m.-1 p.m., Saturday, April 22. Charles M. Schulz Museum, 2301 Hardies Lane, Santa Rosa. https://bit. ly/3lhhdbu

THURSDAY, APRIL 27

FUNDRAISING EVENT: Yoga

Series 2023: Practice yoga at various farms and wineries all year long. All of the proceeds from this event will go to Food For Thought, a nonprofit organization dedicated to meeting the nutritional needs of people at risk of malnutrition and living with serious medical conditions and food insecurity in Sonoma County. Classes will be held about monthly, and all will be 75-minute, slow-flow Hatha/Vinyasa style for all levels, taught by Food For Thought's development coordinator and local yoga teacher, Elana, or another experienced instructor. Attendees will get the opportunity to learn more about the venue and their offerings either before or after class briefly, and we ask that you please stay to show them your support, as all sites are donated. 6:30-8 p.m., Thursday, April 27. 13024 Green Valley Road, Sebastopol (Green Valley Farm + Mill). https://bit.ly/3ZbUPPs

SUNDAY, APRIL 30

MUSEUM NIGHT: Monte Schulz: County Human Race: An estab-



The Human Race begins in downtown Santa Rosa. This year's 5K will be from 12:30-1:30 p.m. on May 13.

lished icon in the community,

Metropolis: Join author Monte Schulz for a book reading and discussion celebrating his newest book, "Metropolis." Monte Schulz published his first novel in 1990 and spent the next 12 years writing the novel "Jazz Age," which he wrote for his father, Charles M. Schulz. His sixth prose fiction novel, "Metropolis," is described as "a dystopian narrative of love in a time of war and moral disintegration." Monte Schulz will sign books after his talk. Included in museum admission. Price: Free for members. Museum Theater seating is on a first-come, firstserved basis. 3 p.m., Sunday, April 30. Charles M. Schulz Museum, 2301 Hardies Lane, Santa Rosa. https://bit.ly/3YJxxjV

SATURDAY, MAY 13

FUNDRAISING RACE: Sonoma

the Human Race has raised over \$25 million for nearly 7,700 local nonprofits over the past 38 years. The race is a community-driven 5K fun run (walk or roll) in Sonoma County. This is a social and spirited way to race and raise thousands of dollars for your nonprofit organization or favorite cause. Nonprofits register online and individuals, businesses and organizations sign up to fundraise and run. Anyone can sign up and join a team or create a team and start raising money for their favorite nonprofits. 12:30-1:30 p.m., Saturday, May 13. https://bit. ly/3YT2gLI

SUNDAY, MAY 21

FUNDRAISING EVENT: Sonoma Sparkling Spring 2023 5K: Each Girls on the Run season comes to an end with a celebratory 5K.



Prior to the Human Race, Kim Caffrey, Shana Davis and Paige Davis do TURN TO EVENTS » PAGE N27 stretches in downtown Santa Rosa.



OUR GOAL IS TO PROTECT & RESTORE 30% OF SONOMA COUNTY'S LAND BY 2030

We are the first generation to witness the effects of climate change and the last generation to do something about it. Help us create a climate ready future.



EVENTS

CONTINUED FROM N26

This closing event gives program participants of all abilities a tangible sense of accomplishment. Crossing the finish line instills confidence through completion and is a joyful moment program participants always remember. Every child in our program receives a commemorative medal to celebrate this incredible achievement. \$10-\$30. 8 a.m., Friday, May 12. 5450 Snyder Lane, Rohnert Park. (Rancho Cotate High School). https://bit.ly/3kpANIM

FRIDAY, JULY 28

FUNDRAISING EVENT: 2023:

Golf Tournament Charity Fundraiser: Friday, July 28. 1340 19th Hole Dr., Windsor (Windsor Golf Club). https://bit.ly/3kEjpKd

JULY 31-AUG. 7

FUNDRAISING EVENT: Lazy Bear Week 2023: The biggest, hairiest, beefiest, burliest, craziest, laziest fundraising event. Lazy Bear Fund Inc. puts on one of the largest and most successful bear gatherings. For over 25 years they have entertained thousands in Guerneville during their annual event. Attendees enjoy pool parties, dance parties, campfires, live entertainment and DJs. All events are ages 21 and over. All of the profits for this event go to charity. The organization has raised over \$2.2 million for worthy causes. \$200. 11 a.m.-5 p.m. July 31-Aug. 7. https://bit.ly/3Y5czLG

AUGUST

SATURDAY, AUG. 5

FUNDRAISING EVENT: Noche de Colores: La Luz hosts a colorful taste of Sonoma Valley's Latino heritage. From the wine of our rolling hills, to our historical buildings, to the food of our ancestors, to the music that makes us dance, Noche de Colores will take you on a whimsical experience of the magic and power of creating community. \$300 and up. 6-10 p.m., Saturday, Aug. 5. 98 E. Spain St., Sonoma (Sonoma Barracks). https://bit. ly/3m6e4vO

saturday, aug. 12 FAIR: Gravenstein Apple Fair:



Hundreds of big, burly and often hairy "bears" attend a pool party at the West Sonoma Inn and Spa at the 23rd annual Lazy Bear Week in Guerneville. The weeklong event from July 31-Aug. 7 is for those who are 21 and older.



The Gravenstein Apple Fair at Sebastopol's Ragle Ranch Park. This year, the annual fair is from Aug.12-13.

Celebrate 50 years of the Gravenstein Apple Fair and Sonoma County Farm Trails with live music, all things Gravenstein, local food, arts, crafts, activities for kids, farm demonstrations, craft cider, craft beer, premium wine, and VIP Lounge. Awarded the first-ever Green Resolution for events by Sonoma County Zero Waste, the fair is proud to be 95% zero waste. Free. 10 a.m.-6 p.m., Saturday, Aug. 12-13. 500 Ragle Road, Sebastopol (Ragle Ranch Park). https://bit. ly/3Zf4rsW

SEPTEMBER

THURSDAY, SEPT. 15

FUNDRAISING EVENT: Back to School Luncheon: Enjoy wine, appetizers, lunch and dessert in a beautiful setting while we update and educate you on our work in partnership with the K-8 Santa Rosa schools though Santa Rosa Education Foundation. Now more than ever, schools are in need of greater resources to deliver enrichment education. As a grant-making foundation, we invest in enrichment programs through an equity-focused approach, serving 6,000 students. \$65. 11:30 a.m.-1:30 p.m., Thursday, Sept. 15. 3330 Yulupa Ave., Santa Rosa (Bennett Valley Golf Course). https://bit. ly/3xOZQ4K





Thank you, Sonoma County, for supporting our animals and volunteer!

animal rescue.

2022 922 dogs & cats adopted 7,349 spay/neuters surgeries funded

Please follow our work on Facebook & Instagram www.dogwoodanimalrescue.org





This ad generously donated by North Coast Carpet Care



\$**149.95** \$

Any 2 Rooms & Hallway Expires 4/30/23 \$259.95 Any 5 Rooms & Hallway Expires 4/30/23 \$119.95 For Sofa \$109.95 For Loveseat Expires 4/30/23

Call Us Today 707-585-1155 • 800-573-3555 www.northcoastcarpetcare.com



SERVICES INCLUDE:

Upholstery Cleaning • Pet Odor Removal Tile and Grout Cleaning • Hardwood Floor Cleaning Area Rug Cleaning • Carpet Repair







It was announced at the fifth annual Employee Recognition Celebration in February that the Sonoma County Grape Growers Foundation has changed its name and will now be called the **Fundación de la Voz de los Viñedos**, which translates to *Voice of the Vineyards*. After 20 years, the name change better reflects the mission and work of the foundation in elevating and supporting Sonoma County vineyard employees and their families.

The new name "Fundación de la Voz de los Viñedos" was recommended by Jose Cervantes, a vineyard employee from Cornerstone Certified Vineyard and the 2019 Employee of the Year, and was selected by the Leadership Academy alumni group. According to Cervantes, the Leadership Academy alum said, "It was an honor to be included in this process and to be able to give our recommendations to the Foundation for the renaming. The new name represents what we do and that we have a voice."



2022 EMPLOYEE OF THE YEAR JOSE ACEVES DUTTON RANCH 54 YEARS

Jose Aceves is an exceptional employee who has been a dedicated part of Dutton Ranch and the Dutton family since 1969. Jose has done every job on the ranch, from field worker, tractor driver, truck driver, and foreman, to now supervisor. He has taught many employees how to farm here at Dutton Ranch, including helping teach Joe and Steve Dutton throughout their childhood. Jose has always been willing to help others and to do whatever was needed to get the job done. Of note, Jose's only son, Jose

De Jesus Aceves, grew up on Dutton Ranch and is now the Human Resources manager for the family-owned Dutton Ranch business. "Jose's commitment to Dutton Ranch and his talent have made him a vital contributor to our success as a family business. We grew up with Jose. He is part of our family," said Steve Dutton, president and co-owner of Dutton Ranch.





2023 Joe Dutton, Jose Aceves, and Steve Dutton

1971 Top Middle: Juan Sanchez (2020 Employee of the year), Top Right: Jose Aceves, Bottom Left: Steve Dutton

2022 EMPLOYEE OF THE YEAR RUNNER-UP

JOSE GUADALUPE NUÑEZ BEVILL VINEYARD MANAGEMENT 35 YEARS

Runner-up Jose Guadalupe Nuñez, or "Don Gualo" as he is called by his family, friends and co-workers, went to work for Bevill Vineyard Management in 1988. Over the past three-plus decades, Nuñez has demonstrated a true passion for farming. Not only does Jose share his experience and wisdom in the vineyards with his colleagues, but he also prepares, tends and harvests the Bevill employee garden each year. Nuñez is so valued that the company



dedicated its newest workspace as the "Jose 'Don Gualo' Nuñez Conference Room" complete with a plaque recognizing Jose's many contributions. "Don Gualo constantly displays teamwork and is always ready to help any and all who need it. His dedication to his craft is inspiring to all of us and I consider it an honor to have him on our team," said Duff Bevill, managing partner at Bevill Vineyard Management.



ADVERTISEMENT SUPPORTED BY THE SONOMA COUNTY WINEGROWERS



THANK YOU TO BAHCO AND ZENITH AGRIBUSINESS SOLUTIONS FOR SPONSORING OUR EMPLOYEE RECOGNITION CELEBRATION AND SUPPORTING OUR VINEYARD WORKFORCE.

LEARN MORE AT SCGGF.ORG/PROGRAMS



En Febrero, durante la quinta Celebración Anual de Reconocimiento de Empleados, se anunció que la Fundación de Productores de Uva del Condado de Sonoma cambió su nombre y ahora se llamará la Fundación de la Voz de los Viñedos, lo que se traduce como Voice of the Vineyards. Después de 20 años, el cambio de nombre refleja mejor la misión y el trabajo de la fundación para elevar y apoyar a los empleados de viñedo de Sonoma County y a sus familias.

El nuevo nombre "Fundación de la Voz de los Viñedos" fue recomendado por Jose Cervantes, empleado de los viñedos de Cornerstone Certified Vineyard y Empleado del Año 2019, y fue seleccionado por el grupo de ex alumnos de la Academia de Liderazgo. Según Cervantes, alumno de la Academia de Liderazgo, dijo: "Fue un honor estar incluido en este proceso y poder dar nuestras recomendaciones a la Fundación para el cambio de nombre. El nuevo nombre representa lo que hacemos y que tenemos voz".



EMPLEADO DEL AÑO 2022 JOSE ACEVES DUTTON RANCH 54 AÑOS

Jose Aceves es un empleado excepcional quien ha sido una parte dedicada de Dutton Ranch y la familia Dutton desde 1969. Jose ha ejercido todas las labores en el rancho, desde ser trabajador del campo, conductor de tractor, conductor de camión, y capataz, ahora como supervisor. Le ha enseñado a muchos empleados cómo cultivar aquí en Dutton Ranch, incluso ayudó en enseñarle a Joe y Steve Dutton durante su infancia. Jose siempre ha estado dispuesto a ayudar a los demás y en hacer lo que sea necesario para lograr el trabajo. Cabe destacar que el único hijo de Jose, Jose De Jesus Aceves, se crió en Dutton Ranch y es ahora el

gerente de Recursos Humanos de la empresa familiar Dutton Ranch. "El compromiso de Jose con Dutton Ranch y su talento lo han convertido en un contribuyente vital para nuestro éxito como empresa familiar. Crecimos con José. Es parte de nuestra familia", dijo Steve Dutton, presidente y copropietario de Dutton Ranch.





2023 Joe Dutton, Jose Aceves y Steve Dutton

1971 Arriba en el medio: Juan Sánchez (Empleado del año 2020), Arriba a la derecha: Jose Aceves, Abajo a la izquierda: Steve Dutton

SUBCAMPEÓN DE EMPLEADO DEL AÑO 2022 JOSE GUADALUPE NUÑEZ

BEVILL VINEYARD MANAGEMENT 35 AÑOS

El subcampeón Jose Guadalupe Nuñez, o "Don Gualo", como lo llaman su familia, amigos y compañeros de trabajo, comenzó a trabajar para Bevill Vineyard Management en 1988. Durante las últimas tres décadas, Nuñez ha demostrado una verdadera pasión por agricultura. Jose no solo comparte su experiencia y sabiduría de los viñedos con sus colegas, sino que también prepara, atiende y cosecha el jardín de los empleados de Bevill cada año. Nuñez es tan valorado que la compañía



nombró su área de trabajo más reciente como la "Sala de conferencias Jose 'Don Gualo' Nuñez" completado con una placa que da reconocimiento a las muchas contribuciones de Jose. "Don Gualo constantemente demuestra el trabajo en equipo y siempre está dispuesto a prestar ayuda a todos y cada uno de los que lo necesiten. Su dedicación a su oficio nos inspira a todos y considero un honor tenerlo en nuestro equipo", dijo Duff Bevill, socio gerente de Bevill Vineyard Management.



PUBLICIDAD APOYADA POR LOS VITICULTORES DEL CONDADO DE SONOMA



GRACIAS A BAHCO Y ZENITH AGRIBUSINESS SOLUTIONS POR PATROCINAR NUESTRA CELEBRACIÓN DE RECONOCIMIENTO A LOS EMPLEADOS Y APOYAR A NUESTRA FUERZA LABORAL VITICULTORA.

CONOZCA MÁS EN SCGGF.ORG/PROGRAMS

BERGIN COLLEGE OF CANINE STUDIES

A place to train the trainers

Penngrove college teaches students how to turn dogs into service animals

By **KASEY WILLIAMS** FOR THE PRESS DEMOCRAT

Service animals are an indispensable resource for people with disabilities. And countless hours are spent by teams of professionals training these animals — most commonly dogs — to understand dozens of commands, ranging from opening doors to pulling manual wheelchairs and identifying potential hazards — all in service of their owner.

But who trains the trainers? After observing the beneficial role that

After observing the beneficial role that donkeys played with helping disabled individuals abroad, Bonnie Bergin returned home to Santa Rosa in 1975 to implement that concept with canines. Shortly thereafter, Bergin founded Canine Companions for Independence in Cotati in an effort to train and connect service dogs to those in need.

When the organization began receiving requests to train more and more people who could then train service dogs, Bergin decided to open the Bergin College of Canine Studies in 1991 as a nonprofit service dog organization. Assistance Dog Institute is also a part of the college, but offers a degree after students complete the two-year program.

"When I created the service dog, I created Canine Companions to place the dogs," Bergin said. "When I got this constant onslaught of people who wanted to learn how to do it — we were the only ones (at that time)."

The school itself has bounced around locations since its inception. It started in an old dentist office in Cotati, moved to another location in Rohnert Park, then to Sebastopol Road, over to Los Guilicos in Santa Rosa, back to the Sebastopol Road



Hope Minton documents the progress of her dog, Douglas, on March 1 at the Bergin College of Canine Studies in Penngrove.

property, then Labath Avenue in Rohnert Park, a temporary spot in an old hatchery in Penngrove, and finally to its current location on Old Redwood Highway. Eventually, the nonprofit hopes to make the permanent move to Oregon.

Despite all the moves and potential move, the college's goal has remained the same: provide the means for second-year college students to obtain the skills and knowledge necessary to train service dogs for individuals living with a disability.

Before students are enrolled in Bergin

ABOUT CANINE COMPANIONS

Canine Companions provides service dogs to adults, children and veterans with disabilities and facility dogs to professionals working in health care, criminal justice and educational settings through their Bergin College of Canine Studies program. Students who want to become certified service dog trainers can apply at the Assistance Dog Institute, where they will receive a degree at the end of the two-year program. Since the nonprofit's founding in 1975, the dogs and all follow-up services are provided at no cost to clients. **Donate:** https://canine.org/donate/

More information: 1-800-572-2275, https://canine.org

College of Canine Studies, they must go through general education requirements at another college or university, since classes like English and mathematics aren't offered on this campus. Once accepted into the college, they then choose which academic track they want to take for the next two or more years. It's here where students can enroll in the Assistance Dog Institute or the School of Business and Companion Dogs or learn through the certificate program. Bergin College of Canine Studies offers an associate, bachelor or master of science degree varying from one to three years in length.

Yayoi Jiko, a native of Osaka, Japan, is in the second semester of the Assistance Dog Institute's dog education program and, when the spring semester wraps up, not only will she get her associate of science

TURN TO COLLEGE » PAGE N31





Nourishing neighbors with delicious meals tailored to their medical conditions, made with love by Teen Chefs.

Join our caring community!

Donate | Volunteer | Get Meals

Ceresproject.org (707) 829-5833

Ceres is a 501(c)(3) non-profit, serving Sonoma and Marin since 2007

Help us Grow!

Thank You to Sonoma Cutrer Winery We are honored to support these amazing non - profit organizations with annual donations and volunteer work in 2023

Make-A-Wish Redwood Empire Food Bank Social Advocates for Youth Ceres Community Project The Living Room Caritas Village Sonoma County Farm Bureau Farm to Pantry Canine Companions United Way of the Wine Country Cerebral Palsy of the North Bay NAMI La Luz Buckelew Programs Secret Santa



Please Enjoy our Wines Responsibly. SONOMA-CUTRER is a registered trademark. ©2023 Sonoma-Cutrer Vineyards, Windsor, CA. All rights reserved. **COLLEGE**

CONTINUED FROM N30

degree, but she will also

have the knowledge and

basic concepts required

to train service dogs at

nonprofits like Canine

Purple Hearts.

Companions and Paws for

"I came here for this

school," said Jiko, noting

matter taught and degrees

offered at Bergin College

of Canine Studies. "I'm

currently trying to get a

job here (in the United

States), possibly. I wish

I (could get a bachelor's

associate, but I'm planning

to work first, so as soon as I can save up some money,

Currently, there are 30

students who are enrolled

Finding the right pups

trial and error, Bergin has

tested countless breeds to

see which dog best suits the

needs of individuals living

taking into account certain

traits and breed-specific in-

stincts like approachability

and protectiveness. Bergin

College of Canine Studies

only utilizes golden retriev-

ers and labrador retrievers

for its service dogs for their

very specific attributes.

didn't know anything

and, believe it or not,

"At the beginning, I

there was no research at

that time," Bergin said. "I

tried German shepherds, I

tried dobermanns, I tried

clumber spaniels and a

lot of breeds in between

... but the retrievers have

obviously been bred to re-

trieve, to bring something

back to people and, with

all these years and years

of breeding, they are the

most responsive to someone with a disability.'

By the time the dogs

graduate, they learn 112

different commands. Then,

they go on to live with peo-

ple who have mobility or

with a disability. often

Through many years of

at Bergin College of Ca-

degree) right after the

I can come back.

nine Studies.

the rarity of the subject

SONOMA GIVES



Nicole Roberts hugs her dog Erin in front of a board detailing commands and actions needed to train a companion dog during class at Bergin College of Canine Studies in Penngrove. By the time the dogs graduate, they learn 112 different commands.

> where they help individuals with complex traumas and co-occurring mental health conditions. "Gilmore has added a

new and exciting dynamic to my work with clients, most of whom struggle to regulate complex emotions such as shame, fear, self hate and hopelessness,' Marshall said. "Gilmore is not associated with perceived threat or judgement for these individual clients, thus his presence and physical engagement helps facilitate a calming of the nervous system while offering a bridge to connection and building of trust between myself and the client. which is a critical foundation for trauma recovery to occur.³

For many clients like Pugh and Marshall, much of this wouldn't be possible without the unique program offered at Bergin College of Canine Studies.

Trying times

Like many of the schools in California. the severity of natural disasters like wildfires and prolonged draughts, as well as the COVID-19 pan-

demic, Bergin College has experienced an estimated 50% drop in enrollment.

"We now have 30 (students)," Bergin said. "It's very small, but we now have 30 and we were up to 60 and growing. Then the pandemic hit.

College of Canine Studies' faculty are insistent about continuing to take proper COVID-19 precautions and they continue to maintain a strict mask policy among

Through a variety of continually able to thrive in spite of a declining enrollment, though changes are being implemented to attract more students. Most importantly, the board is anticipating a relocation to Oregon where a campus is being conceptualized, one that can house and accommodate a larger student body.

"We're in the process of looking at going to Oregon," Bergin said. "We don't have dormitories, the cost for student housing is outrageous, then there's the drought ... The board actually bought a place in Oregon that has tennis courts, a gymnasium, an auditorium, three dormitories and tons of classrooms.'

While the location may change, the differences that Bergin College of Canine Studies makes in the lives of its students and clientele are immeasurable.

"I would never have been able to obtain a certified facility dog without the specific and unique program offered (at the Bergin College of Canine Studies)," said Marshall. "The preparation and attention given to pairing the dogs with the handlers and dedicating several days on targeted skills for each dog's specific settings showed a level of professionalism, care and affordability I know I would not have found working with any other organization."

hearing issues while others help in workplaces like health care and education. among other things.

Although retrievers are designated service dogs, Bergin College of Canine Studies also takes in rescue dogs from animal shelters across Sonoma County and utilizes them to teach students through various portions of the program while also aiming to find the dogs their forever homes.

"The shelter dog program and our service dog program are very different," said Shelby Snead, a development associate at Bergin College of Canine Studies. "Those pups never will graduate as service dogs, but what we aim to do is make them more desirable and get them out of the shelters and into a better home."

At their temporary Penngrove campus, a puppy room houses many of the newborn rescues and their parents, along with young service dogs. Here, the staff works with them on things like basic house training and exposing them to as much stimuli as possible. Students can also volunteer as a puppy room supervisor.

The nonprofit is open to volunteers and foster parents, too. Some of the service dogs are placed in a foster home while they're puppies. When they're around a year and a half. they're at a good age to be trained as a service animal. This helps socialize the puppy prior to the rigors of its coursework and helps them understand basic commands.

Once a service dog graduates from the program - and not all of them do - they are placed with a client on a waitlist for a fee, one that is considerably more affordable than the costs associated with training the dog, which can easily reach \$25,000 by the time they've been raised, trained and placed with a companion. For many clients, a

service dog graduate of

Mary Kate Cipollone rewards her dog Dudley during training at the Bergin College of Canine Studies in Penngrove.

Bergin College of Canine Studies will cost \$2,200 for the dog itself and \$558 for an intensive two-week training course between the owner and the dog, which is taught by a student. If the client is a veteran, then fees are waived. "Career change dogs," or dogs that didn't reach the service dog program's high standards, are available for adoption.

While new clients can expect to wait months. if not a year or more, for their service dog, returning clients connect with a dog companion much faster.

You are

Kathi Pugh, a Berkeley resident, said she has gained independence and a true companion thanks to her mobility service dog, Zola, and her former Bergin College of Canine Studies dog, Westy.

"I really appreciate the program and having known the people," Pugh said. "Going on long walks outside with her gives me great joy. It's much more fun running daily errands like shopping with a helper by your side.

Sharilyn Marshall, a Penngrove resident, and Gilmore, her facility dog, run a private practice

Bergin and Bergin

students and visitors. gifts, grants, charitable contributions and tuition costs. the university is

welcome here

Our mission: Inspired by the love and teachings of Christ, we serve and advocate for vulnerable people of all cultures and beliefs, prioritizing those experiencing poverty.

Simply put? We serve with love for all.

We affirm the transcendent dignity of every person no matter who you are or where you have been.

LEARN MORE ABOUT HOW YOU CAN HELP US PREPARE A PLACE AT THE TABLE FOR PEOPLE ACROSS OUR COMMUNITY: SRCHARITIES.ORG



Homelessness and Housing Solutions | Immigration Legal Services | Senior Support | Disaster Recovery



When it comes to delivering complex pediatric medical care, understanding the unique needs of children

is absolutely vital. No one knows this better than the professionals at Shriners Hospitals for Children.

More than 85,000 children faced with serious injuries and congenital differences have benefited from the complex, compassionate care provided by the internationally noted team of doctors at Shriners Hospitals for Children-Northern California. Each patient's path to success is fueled by private donations and driven by excellence in treatment, teaching and research.

Treatment

A broad range of specialistsfrom intensivists to surgeons to geneticists- work in concert to deliver comprehensive care in all Shriner specialties:

- Orthopaedics
- Burns
- Pediatric Acute Inpatient Rehabilitation
- Specialized Plastic Surgery
- Cleft Lip Surgery
- Pediatric Surgery

The multi-disciplinary team of professionals includes physical and occupational therapists, orthotists and prosthetists, teachers, child life specialists, social workers, therapeutic recreation specialists and advance practice nurses. All work with the medical team to give children the care, the skills, the opportunities and the guidance they need to lead active, productive lives.

No Barriers to Care

Determined to defy the odds, parents of children with complex medical conditions seek the lifesaving, life-changing care provided by Shriners Hospitals for Children.

Admission to the program is based on two criteria: age and diagnosis. Any child under 18 is eligible for care if the child's condition is within the scope of services provided. While most referrals come from physicians, anyone can refer a child for care by calling the patient referral coordinator.

Patient Referral (916) 453-2191

Be Part of a Caring Community

Built on the philosophy that people can make a positive difference in the lives of others, Shriners Hospitals for Children has long recognized the importance of involving the community in its programs. Information on donor recognition and volunteer opportunities as well as prevention programs, medical lectures and other community outreach programs is just a phone call away.

Donation Opportunities (916) 453-2321

Volunteer Opportunities (916) 453-2087

Community Outreach Programs (916) 453-2018





THE PRESS DEMOCRAT

JUUU LARGEST NONPROFITS IN SONOMA COUNTY

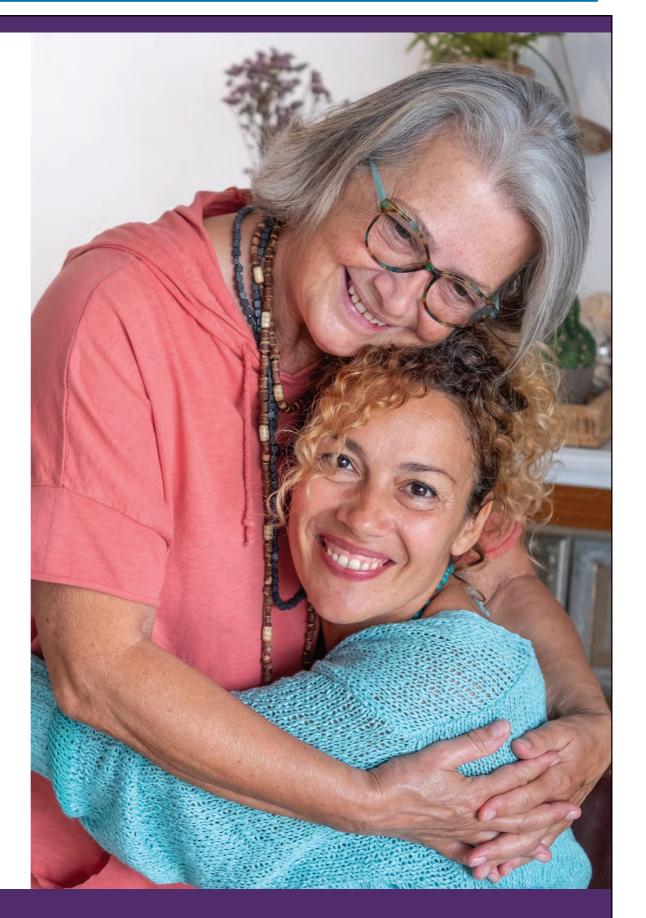
They serve people with disabilities and children from low-income families. They care for our aging neighbors and the region's unhoused community. They leverage their networks to feed those who are hungry, treat those who are sick and even represent animals in court. Sonoma County is home to more than 3,896 registered nonprofit agencies and not-for-profit organizations, which raised \$1.2 billion in their most recent filing years, demonstrating a continued local commitment to service that has endured the COVID-19 pandemic, as well as months of economic upheaval. Through publicly available financial data, we took a look at how these nonprofit agencies stack up, and are sharing this data with you.

TURN TO NONPROFITS » PAGE N36

"The miracle is not that we do this work, but that we are happy to do it."

MOTHER TERESA, whose charity and aid work has been recognized throughout the world





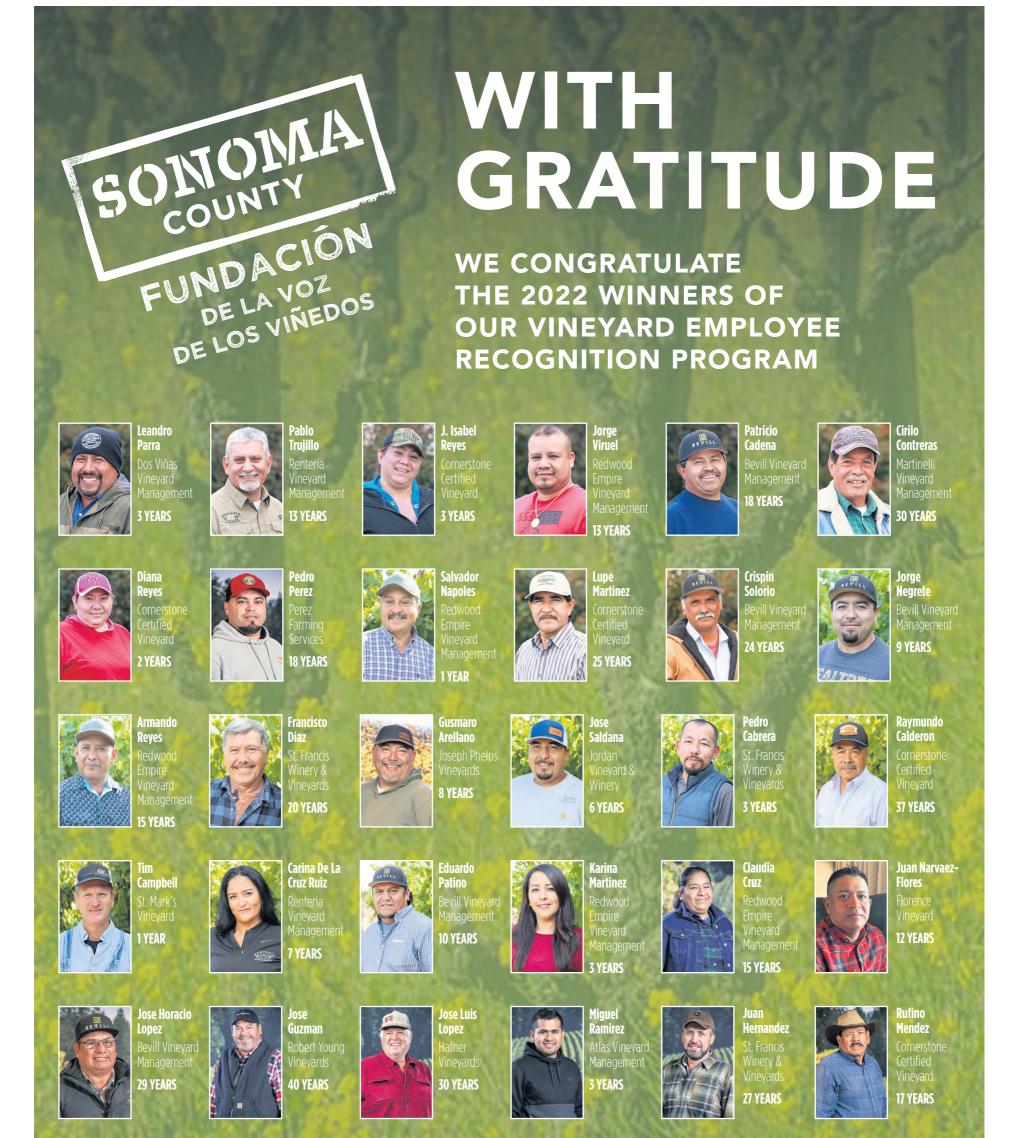
Access to Mental Healthcare for All

For over 50 years, Buckelew Programs has taken action to meet the deepening need for mental health and substance-use services for Sonoma County residents. Your support helps us provide programs to empower individuals to shape healthy, purposeful lives for a stronger Sonoma.

in **RESP**ONSE

Athena House / Hope Village Family Services Coordination Sonoma County Independent Living Suicide Prevention

For more information, visit **Buckelew.org**





Jose <u>Gua</u>dalupe Nuñez Bevill Vineyard Management **35 YEARS**



(=)

sau Macias Sr. HOCV-AVV Joint Ventu **50 YEARS**

Sal Jimenez Sandoval

3 YEARS



Armando Gonzalez cobert Young Tineyards **40 YEARS**

Rogelio Pérez Aparicio

ingiacomo

13 YEARS



Salvador Rodriquez Tri-Valley Vineyard Managemen **32 YEARS**

Horacio Lopez

Emeritus Vineyards

10 YEARS



Jose Elias Avila Lynmar Estate **11 YEARS**



Jose Aceves Dutton Ranch **54 YEARS**



Martin Aleman Vineyards **30 YEARS**

Sergio Favela Lopez

Cornerstone Certified Vineyard

4 YEARS



Antonio Lozoida Dutton Ranch **35 YEARS**

Maria Hernandez

4 YEARS

evill Vineyarc

anagement

Jose Aparicio 00 Sangiacomo Family **13 YEARS**



Alberto Cardenas St. Francis Winery & **19 YEARS**



E

Salvador **Buenrrostro 7 YEARS**



Arturo Nunez Patino Rio Lago Ranch **20 YEARS**



Eustacio Torres Renteria Vineyard Management **13 YEARS**



Rosendo Avila Vineyards **23 YEARS**

21 6 F

(A)

Gerardo de Jesus Redwood **11 YEARS**

Rodriguez Empire Vineyard Management

BAHCO TheZenith Agribusiness Solutions

THANK YOU TO BAHCO AND ZENITH AGRIBUSINESS SOLUTIONS FOR SPONSORING OUR EMPLOYEE **RECOGNITION CELEBRATION AND** SUPPORTING OUR VINEYARD WORKFORCE.

TO LEARN MORE OR INVEST IN OUR LOCAL VINEYARD EMPLOYEES, PLEASE VISIT SCGGF.ORG



CON SONTOMA GRATITUD FUNDACIÓN DE LA VOZ DE LOS VINEDOS DE LOS VINEDOS **FELICITAMOS A LOS GANADORES DE NUESTRO PROGRAMA DE RECONOCIMIENTO A LOS EMPLEADOS DE VIÑEDO DEL 2022** Leandro Pablo J. Isabel Patricio Cirilo lorge Viruel Contreras Parra Trujillo leyes Cadena Renteria Vineyard Dos Viñas Bevill Vinevard Martinelli *'ineyard* Management lanagement ineyard **18 AÑOS** S AÑOS 3 AÑOS 13 AÑOS **30 AÑOS** 13 AÑOS Salvador Pedro Lupe Martinez Crispin Jorge Reyes Solorio Perez Napoles Negrete Perez arming Services Bevill Vineyard Management Cornerst Certified lanageme :mpire /ineyard ⁄lanagement *linevard* 9 AÑOS 24 AÑOS 2 AÑOS 18 AÑOS **25 AÑOS** 13 1 AÑO AIT Raymundo Calderon Jose Saldana Pedro Cabrera Irmando Francisco Gusmaro Diaz Arellano Reyes it. Francis Corn<mark>ersto</mark>ne Certified St. Francis ordan edwoo mpire Winery 8 Vineyard /ineyard ineyard anagem ineyard 8 AÑOS 20 AÑOS 6 AÑOS **3 AÑOS 37 AÑOS 15 AÑOS** Carina De La Claudia Karina Juan Narvaez-Eduardo Tim Flores Campbell Cruz Cruz Ruiz Martinez Patino Bevill Vineyarc Management St. Mark's Redwood Redwood lorence mpire Vineyard Vineyard Manageme /ineyard **12 AÑOS** AÑO IO AÑOS 7 AÑOS









Jose Luis Lopez Vineyards **30 AÑOS**





Miguel Ramirez tlas Vineyaro lanagement 3 AÑOS



15 AÑOS





Rufino Mendez Certified Vineyard 17 AÑOS





Maria Hernandez

4 AÑOS

evill Vineyarc

anagement

sau Macias Sr. HOCV-AVV Joint Ventu **50 AÑOS**

Sal Jimenez Sandoval

3 AÑOS



Armando Gonzalez obert Young Tineyards 40 AÑOS

Rogelio Pérez Aparicio

ingiacomo

Family Vineyards

13 AÑOS



E

Salvador Rodriquez Tri-Valley Vineyard Managemen **32 AÑOS**

Horacio Lopez

Emeritus Vineyards

10 AÑOS



Jose Elias Avila 11 AÑOS



Jose Aceves Dutton Ranch 54 AÑOS



Martin Aleman Vineyards **30 AÑOS**

Sergio Favela Lopez

Cornerstone Certified Vineyard

4 AÑOS

(is) 0

Antonio Lozoida Dutton Ranch **35 AÑOS**

Jose Aparicio 00 Sangiacomo (A) Family Vineyards 13 AÑOS



Alberto Cardenas St. Francis Winery & **19 AÑOS**



Salvador **Buenrrostro** Emeritus 7 AÑOS



Arturo Nunez Patino Rio Lago Ranch 20 AÑOS

Eustacio Torres Renteria Vineyard **13 AÑOS**



Rosendo Avila Vineyards 23 AÑOS

21 6 F

(=)

Gerardo de Jesus Rodriguez Redwood Empire Vineyard Management 11 AÑOS

BAHCO TheZenith Agribusiness Solutions

GRACIAS A BAHCO Y ZENITH AGRIBUSINESS SOLUTIONS POR PATROCINAR NUESTRA CELEBRACIÓN DE **RECONOCIMIENTO A LOS EMPLEADOS Y APOYAR A NUESTRA** FUERZA LABORAL VITICULTORA.

PARA APRENDER MÁS O INVERTIR **EN NUESTROS** EMPLEADOS VITICULTORES LOCALES, VISITE SCGGF.ORG





No. 2: Canine Companions



The following data was obtained through research using ProPublica Nonprofit Explorer and Guidestar, as well as publicly available information on the California Secretary of State's website. The Press Democrat used most recent annual revenue for this ranking, and excluded credit unions, tourism and membership organizations, homeowners associations and other mutual benefit nonprofits in an effort to more accurately portray the traditional nonprofit landscape in Sonoma County.

If you believe you've discovered an error in the following list, email elissa.torres@pressdemocrat.com.



At Alexander Valley Healthcare our mission is to provide patient-centered, high quality and affordable care to our patients throughout Northern Sonoma County. We're proud recipients of the Spirit of Sonoma Award for our community-wide COVID-19 vaccination efforts and are now certified as a Community Access Partner in the Sonoma County Coordinated Entry System.



NEW Fall 2025: Alexander Valley Health & Wellness Center

coming to downtown Cloverdale. Benefit from our fully integrated, expanded services all under one roof. For more information visit

https://alexandervalleyhealthcare.org/wellnesscenter/

Providing:

Family Medicine General Dentistry Behavioral Health & Substance Abuse Services Financial and Nutritional Services



www.alexandervalleyhealthcare.org This ad is made possible through the generous support of our friends at Karma Dog Construction SUSTAINABILITY QUALITY INTEGRITY EXPERTISE

Design/Build Custom Homes & Remodels

karmadogconstruction.com 707.495.8456

NONPROFITS CONTINUED FROM N36

1 Santa Rosa Community

LHealth Centers: Santa Rosa, \$79.9 million. Santa Rosa Community Health Centers is comprised of eight locations that provide primary health care and health education to underserved people in our community, regardless of their ability to pay. 707-583-8839, srhealth.org

2 Canine Companions: Santa Rosa, \$77.8 million. This organization works to enhance the lives of people with disabilities by providing highly trained assistance dogs. 707-577-1700, canine.org

Bredwood Empire Food Bank: Santa Rosa, \$70.7 million. This food bank is the largest hunger-relief organization serving north coastal California from Sonoma County to the Oregon border. 707-523-7900, refb.org

7900, refb.org **Petaluma Health Center:** Petaluma, \$67.3 million. Petaluma Health Center provides primary medical care for all ages, regardless of ability to pay. 707-559-7500, phealthcenter.org

5st. Joseph Home Care Net-Jwork: Santa Rosa, \$42.2 million. This home care network provides in-home nursing care, therapy, social services and personal assistance. 707-206-9124, stjosephhomecare. org

Catholic Charities of the **D**Diocese of Santa Rosa: Santa Rosa, \$39.5 million. Catholic Charities is a human services agency serving those most in need and of all faiths, primarily seniors, immigrants, and families facing poverty and/or homelessness. Offices in Sonoma, Napa, and Lake counties. 707-528-8712, srcharities.org Sonoma Academy: Santa 7 Rosa, \$31.5 million. Sono ma Academy is a private, co-ed college preparatory high school. 707-545-1770,

OCOMMUNITY Foundation of OCOMMUNITY Foundation of OSonoma County: Santa Rosa, \$31.1 million. The Community Foundation of Sonoma County works to connect people, ideas and resources to benefit the community. 707-579-4073, sonomacf.org

9Sonoma County Indian Health Project Inc.: Santa Rosa, \$28.7 million. This organization maintains a comprehensive health care system to serve the needs and traditional values of the Sonoma County American Indian Community. 707-521-4545, scihp.org

Nation's Finest: San-10ta Rosa, \$25.7 million. Nation's Finest offers community-based programs an services for veterans and their families. 707-578-2785, vetsresource.org **Roseland Charter School:** Santa Rosa, \$25.6 million. Roseland Charter School is a K-12 charter school. 707-545-0102, roselandsd.org Community Child Care Council of Sonoma Co. (4Cs Sonoma County): Santa Rosa. \$25.2 million. Community Child Care Council of Sonoma County operates 11 Sonoma County child development centers and preschools providing quality, accessible, affordable preschool and child care services for children, families and child care professionals. 707-544-3077, sonoma4cs.org **)** United Cerebral Palsy of **5** the North Bay: Petaluma, \$22 million. United Cerebral Palsy of the North Bay promotes and supports a full quality of life for people with Cerebral Palsy and other disabilities. 707-766-9990, ucpnb. org **14 Bay Area Environmental Research Institute:** Petaluma, \$22 million. The Bay Area Environmental Research Institute promotes and conducts research in the environmental sciences, particularly atmospheric science. 707-938-9387, baeri.org C Alternative Family **D**Services Inc.: Santa Rosa, \$21.5 million. Alternative Family Services has a mission to support vulnerable children and families in need of stability, safety, and wellbeing. 707-576-7700, afs4kids.org **16 West County Health Centers:** Guerneville, \$20.5 million. This is a community health center serving western Sonoma County providing medical, dental and mental health care services, with sites in Sebastopol, Occidental, Guerneville and Forestville. 707-869-5977, wchealth.org



KENT PORTER / THE PRESS DEMOCRAT, 2022

Allyson Gonyo, from left, Michelle Williams and Meghan Bhoyal load up Canine Companions for Independence dogs to begin their journey to Columbus, Ohio, as the puppies further their service dog training. The dogs were crated and flown by pilot Josh Hochberg at the Sonoma Jet Center.



BETH SCHLANKER / THE PRESS DEMOCRAT, 2022

Congressman Jared Huffman tours the Petaluma Health Center with a group of senior staff including Chief Operating Officer Tiffany Jimenez, left, in Petaluma.





BETH SCHLANKER / THE PRESS DEMOCRAT, 2022

Alba Estrada Lopez, STRAW education manager with Point Blue Conservation Science, teaches students from McNear Elementary School in Petaluma.

25Redwood Community Health Network: Petaluma, \$13 million. Redwood Community Health Network supports medical clinics with the implementation of comprehensive IT systems, collaborative support service programs and other duties. 707-792-7900, aliadoshealth.org

26 Community Action Partmership of Sonoma County: Santa Rosa, \$12.8 million. This human services agency founded in 1967 has a mission to partner with low-income families and individuals to help them achieve economic and social stability, reduce poverty, build community and advocate for social and economic justice. 707-544-6911, capsonoma.org

27 Sonoma Valley Community Health Center: Sonoma

CHRISTOPHER CHUNG / THE PRESS DEMOCRAT, 2022

Sonoma Land Trust board members Liz Fisher, left, Frank Dean and Gymmel Trembly pause in Santa Rosa.



CHRISTOPHER CHUNG / THE PRESS DEMOCRAT, 2021

Nation's Finest President and CEO Chris Johnson, left, talks with Windsor Veterans Village residents John Shinnick and Kenneth Gray during an opening ceremony in Windsor.

7Becoming Independent:

∠ I Santa Rosa, \$18.5 million. Becoming Independent is a community-based service organization established over 40 years ago to help people with disabilities live meaningful and productive lives in Sonoma, Napa and Solano counties. 707-524-6600, becomingindependent.org

1 QAlliance Medical Center:

LOHealdsburg, \$17.8 million. This is a community health center serving low-income residents of Healdsburg and Windsor with medical and dental services. 707-385-2306, alliancemed.org

19. Services: Rohnert Park, \$17.7 million. North Bay Rehabilitation Services provides vocational rehabilitation for people with various disabilities. 707-585-1991, nbrs.org

20California Human Development Corp.: Santa Rosa, \$15.5 million. California Human Development Corp. creates job training, housing, recovery and other services for farmworkers, day laborers and people with disabilities. 707-523-1155, californiahumandevelopment.org/ **21Goodwill Industries of the Redwood Empire:** Santa Rosa, \$15.1 million. This organization is dedicated to developing, maintaining programs that place people with disabilities and other special needs in productive and competitive jobs. 707-523-0550, gire.org

22Solution Blue Conservation million. The mission of Point Blue Conservation Science is to conserve birds and other wildlife ecosystems through scientific research, restoration, outreach and partnership. 707-781-2555, pointblue. org

23Animal Legal Defense Fund: Cotati, \$14.7 million. The Animal Legal Defense Fund's mission is to protect the lives and advance the interests of animals through the legal system. 707-795-2533, aldf.org

24 Santa Rosa Junior College Foundation: Santa Rosa, \$13.3 million. This foundation raises funds to support programs, scholarships, facilities, and special projects of Santa Rosa Junior College. 707-527-4348, santarosa.edu/ foundation \$12.7 million. The Sonoma Valley Community Health Center provides health care for those in need, especially the underserved of Sonoma Valley. 707-939-6070, svchc.org

28 Boys & Girls Clubs of Santa Rosa, \$12.1 million. This club's mission is to enable all young people, especially those most in need, to reach their full potential as productive, caring, responsible citizens through after-school programs and summer programs. 707-528-7977. bgccsc.org

2920-1911, DBCCSC.Org **29**Burbank Housing Development Corp.: Santa Rosa, \$11.9 million. Burbank Housing Development is dedicated to increasing the supply of housing in Sonoma County so that low-income people of all ages, backgrounds and special needs will have a better opportunity to live in decent and affordable housing. 707-526-9782, burbankhousing.org

BOAnova Education and Behavior Consultation Inc.: Santa Rosa, \$11.2 million. This nonprofit is a specialized education institution. 707-527-7032, anovaeducation.org

BlGrantmakers Concerned With Immigrants and Refugees: Sebastopol, \$11 million. The organization seeks to attain grant contributions from the philanthropic field to address the needs of immigrant and refugee populations. 707-313-5367, gcir.org

32Sonoma Land Trust: Sonoma Land Trust: Sonoma Land Trust protects the scenic, natural, agricultural and open landscapes of Sonoma County for the benefit of the community and future generations. 707-526-6930, sonomalandtrust.org **33**TLC Child & Family Services: Sebastopol, \$10.3



Child Care Facilities Grant

Grant Opportunity Announcement

Community Action Partnership of Sonoma County in collaboration with Community Child Care Council of Sonoma County (4Cs) is administering **funds to be used towards the improvement, expansion, and construction of child care facilities in Sonoma County** but outside of Santa Rosa. We are accepting applications from the following:

Early child care providers interested in capital improvements to their sites to preserve, enhance, or expand existing childcare spaces and maintain or increase their capacity to serve children from birth to five years old.

Subsidio para Instalaciones de Cuidado Infantil Anuncio de oportunidad de subsidio

Community Action Partnership del condado de Sonoma en colaboración con Community Child Care Council del condado de Sonoma (4Cs) está administrando **fondos que se utilizarán para el mejoramiento, expansión y construcción de instalaciones de cuidado infantil** en el condado de Sonoma pero fuera de los límites de la ciudad de Santa Rosa. Estamos aceptando solicitudes de los siguientes:

Proveedores de cuidado infantil de temprana edad interesados en mejorar el capital en sus centros para preservar, mejorar o ampliar los espacios de cuidado infantil existentes y mantener o aumentar su capacidad para atender a niños desde el nacimiento hasta los cinco años.

Early childcare providers, interested in securing capital to develop viable, well-designed, and high-quality child care facilities.

The goal is to increase access to high-quality child care options through expansion and retention of child care slots for working families in the greater Sonoma County area. Please visit our website for further detailed information about this grant opportunity. Proveedores de cuidado infantil, interesados en obtener capital para desarrollar instalaciones de cuidado infantil viables, bien diseñadas y de alta calidad.

El objetivo es aumentar el acceso a opciones de cuidado infantil de alta calidad a través de la expansión y retención de espacios de cuidado infantil para familias que trabajan en el área metropolitana del condado de Sonoma.

Por favor, lea nuestro documento de información sobre subsidios para obtener más información detallada sobre esta oportunidad de subsidio.

www.capsonoma.org/child-care-facilities-grant









CALIFORNIA MORTGAGE RELIEF WORKS. AND THERE'S HELP FOR HOMEOWNERS.

Up to \$80,000 for past-due mortgage payments

PROPERTY TAXES

Up to \$20,000 for delinquent property taxes

PARTIAL CLAIM/LOAN DEFERRAL

Up to \$80,000 to reduce or eliminate a COVID-related partial claim second mortgage or loan deferral

REVERSE MORTGAGE

Up to \$80,000 to help with late taxes and homeowners insurance for reverse mortgages

*Qualified applicants may apply for additional funding; maximum of \$80,000 in total assistance per eligible household.



The California Mortgage Relief Program has already provided millions of dollars in assistance to thousands of California homeowners

struggling with financial hardships.

This government program is **FREE** and **HERE TO HELP.** There is **nothing to pay back.**



APPLY ONLINE TODAY AT CaMortgageRelief.org CALL WITH QUESTIONS 1-888-840-2594

MONDAY-FRIDAY 8 A.M. - 6 P.M.



www.capsonoma.org

NONPROFITS

N40

million. TLC Child & Family Services provides foster care for area families. 707-823-7300, tlc4kids.org

34Sonoma Country Day million. Sonoma Country Day School: Santa Rosa, \$10.3 million. Sonoma Country Day School is a private primary school. 707-284-3200, scds.org **35**Sonoma State University **707-60** Foundation: Rohnert Park, \$10.2 million. This foundation receives and administers endowment gifts and planned giving that enhances and promotes Sonoma State's educational mission. 707-664-3251, sonoma.edu

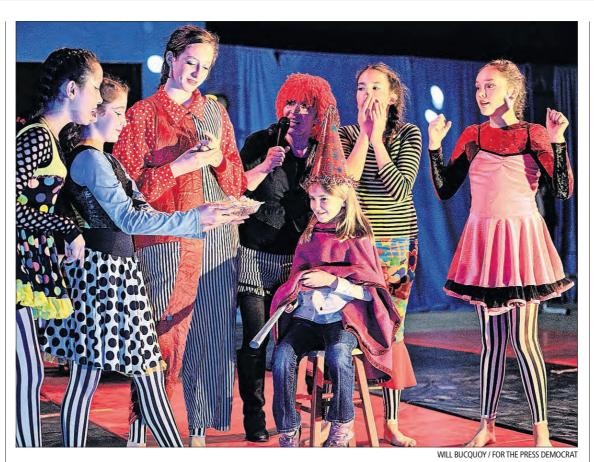
36 Association of Behavior (\$9.9 million. The Association of Behavior Consultants provides behavior modification services to developmentally disabled individuals. 707-575-3290.

37 Science and Nonduality: Sebastopol, \$9.7 million. The mission of Science and Nonduality is to forge a new paradigm in spirituality based on timeless wisdom traditions of the world, informed by cutting-edge science, and grounded in direct experience. 848-590-6981, scienceandnonduality.com

BPaws for Purple Hearts: Penngrove, \$9.3 million. Paws for Purple Hearts provides trained service dogs for military service members and those with PTSD, mobility issues and traumatic brain injuries. 707-238-5110, pawsforpurplehearts.org

39Larry L. Hillblom Foundamillion. This is a private foundation in support of medical research. 707-762-6691, llhf.org

40Child Parent Institute: Santa Rosa, \$9.1 million. The Child Parent Institute is a parent education and children's mental health agency, with the mission to end child abuse and strengthen the health of children, parents and families through parent education, therapy services and a school for emotionally challenged children. 707-585-6108, calparents.org



The Circus Waldissima, completely created by circus students at Summerfield Waldorf School and Farm, performed three shows at the school March 24 and 25 in an authentic European big-top circus tent. Circus performers, above, help an audience member celebrate her birthday.



Volunteers distribute meals at the St. Vincent de Paul Society dining room in Santa Rosa.

41Social Advocates for Youth: Santa Rosa, \$7.7 million. Social Advocates for Youth has a mission of helping youth and families throughout Sonoma County by providing housing, counseling, education and

employment programs. 707-544-3299, saysc.org **42 School and Farm:** Santa Rosa, \$7.6 million. This is a private primary and secondary school. 707-575-7194, summerfieldws.org **43** Santa Rosa, \$7.5 million. Inquiring Systems offers training and technical assistance in ethically directed business development and management. 707-939-3900, inquiringsystems.

org **4 Rural California Broad tcasting Corp. KRCB-TV Channel 22:** Rohnert Park, \$7.2 million. This organization provides educational television and radio broadcasting in Northern California. 707-584-2000, norcalpublicmedia.org

45. Redwood Gospel Mission Inc.: Santa Rosa, \$7.1 million. Redwood Gospel Mission provides services for people who are homeless or in need. 707-578-1830, srmission.org

46 Santa Rosa, \$6.7 million. This foundation operates a 3,200-acre scientific preserve to engage students, volunteers and scientists in applied conservation. 707-591-9310, pepperwoodpreserve.org

47 Alexander Valley Healthcare: Cloverdale, \$6.5 million. Alexander Valley Healthcare is a primary medical care provider. 707-894-4229, alexandervalleyhealthcare.org

48 St. Vincent de Paul Socimillion. The St. Vincent De Paul Society provides support to those in need through low-cost sales and gifts of food and merchandise. 707-584-1579, svdp-sonoma.org

49Drug Abuse Alternatives million. Drug Abuse Alternatives has a mission of turning lives around by providing healthy alternatives to alcohol and drug use. 707-571-2233, daacinfo.org

50^{86.2} million. PEP Housing is a nonprofit corporation dedicated to providing limited-income seniors with quality affordable housing, housing support services and advocacy. 707-762-2336, pephousing.org

51: COTS (Committee on the shelterless): Petaluma, \$6.2 million. COTS provides shelter, housing, food and transformative programs and services for homeless children and adults. 707-765-6530, cots. org

528ervices: Guerneville, \$5.8 million. This nonprofit provides employment, housing, mental health and counseling services for at-risk and

TURN TO NONPROFITS » PAGE N44

Meals on Wheels More than a Meal[®]

Thanks to our Sponsor Vineyard Industry Products

When I had my hip surgery, I knew I was in for a long recovery and was not going to be able to drive during my rehabilitation. A nurse recommended that I call Meals on Wheels. I'm so glad I did. I didn't know how I was going to eat. This service was a god send! ~Anonymous Temporary MOW Recipient

Neals on Wheels ensures no senior is left behind and is a permanent or temporary solution for seniors 60 or better that are homebound and unable to drive. Temporary solutions include: seniors returning home from hospitalization and the ability to enjoy a daily meal until they have recovered, or emergency starts for seniors needing service immediately due to medical or other personal hardships.

- Extend independence and health enabling seniors to age while living independently at home
- Nutritious heart-healthy, low-sodium, meals providing one-third of the recommended dietary requirements for seniors
- Chef-inspired meal choices that include vegetarian options
- Providing a daily well-check and a brief reprieve from loneliness and isolation
- 9 out of 10 say Meals on Wheels helps them live independently
- Daily home-delivered meals help keep 8 out of 10 recipients who have previously fallen from falling again

Thank you so much for taking care of my mother. She raves about your service and food and I want you to know just how much I really appreciate you, and all you have done. ~Family Member of Client

My immediate family lives out of the area, and it was getting more difficult for me to prepare meals. My neighbor introduced me to Meals on Wheels and it has really helped me to eat better. ~Anonymous

> For more information, or to volunteer or donate, call 707-525-0143 X119, or email djohnson@councilonaging.com

council on aging

More than a Meal[®] is a registered trademark of Meal on Wheels America and is under license.



NAMING SPONSOR

When everyone has access to the arts, the community rises!

As an independent nonprofit arts center, LBC champions access to the arts for all!



Our commitment to you:

- ✓ Serve as Sonoma County's gathering place for the arts.
- ✓ Present diverse, live stage performances.
- ✓ Bring artists into our local classrooms.
- \checkmark $\;$ Introduce young students to live theater.
- ✓ Connect more children to the arts with free summer camps.
- \checkmark Loan free musical instruments to students so that everyone has a chance to play.
- \checkmark Make our visual art collection available to all.
- \checkmark Offer arts education resources to local teachers.
- ✓ Link local families across generations through community events.
- \checkmark Establish partnerships that expand opportunities to see and to make art.



We can't do this without the generosity of your support. To make a donation, please visit lutherburbankcenter.org/support.







To improve the health, safety, and well-being of the community by delivering equitable programs that promote health and safety, improve quality of life, and foster a culture of preparedness.

'Better Together"

VALUES

COMMUNITY - COLLABORATION - COMMITMENT AND EQUITY



PROGRAM FOCUS AREAS

Disaster **Preparedness**

9-1-1 Awareness

Youth Leadership & Resilience

Health & Wellness **Mental Health**

With YOUR help we can create more resilient communities. DONATE TODAY!





YESTERDAY, TODAY AND TOMORROW

When Disaster Strikes, AMR Sonoma Life Support Answers the Call

Whether it's wildfires, flooding or freezing temperatures, AMR Sonoma Life Support knows how to handle severe conditions in Sonoma County, where we have provided EMS care for 30 years. So, whatever "Mother Nature" hands us, we answer the call, providing the highest quality of emergency care to our community, especially in a disaster.

As a locally based and nationally supported organization, we know relationships matter, resources matter and reliability matters — priorities that were, are and will remain our commitment to you.

For more information, visit **amr.net/sonoma-county**



NONPROFITS CONTINUED FROM N40

vulnerable populations. 707-823-1640, westcountyservices.org **53 for Seniors:** Santa Rosa, \$5.8 million. This senior services agency provides social, financial, legal and nutrition services to promote well-being and help aging residents maintain independence. 707-525-0143, councilonaging.com

54, councilonaging.com **54**, **Sonoma County Family 54**, **Sonoma County Family 56**, **57**, **8** million. The Sonoma County YMCA offers health and wellness programs for all ages, including a fitness center, child care, preschool, pool, camps and youth sports. 707-545-9622, scfymca.org

55 Greenacre Homes: Sebastopol, \$5.7 million. Greenacre Homes provides residential care and education of developmentally disabled boys. 707-823-8722, greenacrehomes.org

56 Humane Society of Sonoma County: Santa Rosa, \$5.6 million. This organization receives and administers gifts, program revenues and bequests that are used to support its animal shelters and programs that benefit animals and people in Sonoma County. 707-542-0882, sonomahumane. org

57 Integrated Resources institute: Sebastopol, \$5.3 million. Integrated Resources Institute offers consulting and education for the rehabilitation field and job placement services for persons with disabilities. 714-337-7566, inmentorworks.org

5 Sonoma County Fair & Exposition Inc.: Santa Rosa, \$5.3 million. This nonprofit organization operates Sonoma County Fairgrounds, including an annual county fair, through an agreement with Sonoma County. 707-545-4200, sonomacountyfair.com

59Credo High School: Rohnert Park, \$5.3 million. This is a public, college preparatory charter high school that employs Waldorf methodology. 707-664-0600, credohigh.org

credohigh.org 60Redwood Community Health Coalition: Petalu-



Danny Morey, 15, paints a bird house for Christmas at Greenacre Homes and School in Sebastopol. Greenacre Homes provides residential care and education of developmentally disabled boys.



KENT PORTER / THE PRESS DEMOCRAT

Jamie Olivera, 1, gets her face painted on Feb. 25 during the Sonoma County Grape Growers Foundation's Vineyard Employee of the Year awards at the Sonoma County Fairgrounds in Santa Rosa.

ma, \$5.2 million. The Redwood Community Health Coalition is a network of health centers in Sonoma, Napa, Marin, and Yolo counties that provides high-quality cost-effcient care to all, regardless of ability to pay. 707-285-2967, aliadoshealth.org 61 Center for Applied Research Solutions Inc.: Santa Rosa, \$5.2 million. This nonprofit provides training and technical assistance to major initiatives in mental health, substance abuse, stigma reduction, suicide prevention, and safe and healthy schools



ERIK CASTRO / FOR THE PRESS DEMOCRAT, 2021

Credo High School senior Maija Lindstedt, 18, prunes trees on Red Tail Trail during Happy Trails, a volunteer event that provides maintenance at Taylor Mountain Regional Park in Santa Rosa.

and colleges through research, training, and the dissemination of educational materials. 707-568-3800, cars-rp.org **62 Petaluma People Ser-92 Petaluma People Ser-93 Petaluma People Ser-93 Petaluma**, **10 Ser-10 Ser 10 Ser 10 Ser 10 Ser 10 Ser 10 Ser 1** counseling, job placement, gang prevention, daily hot meals, rides to the doctor, case management and financial assistance for homeless prevention. 707-765-8488, petalumapeople.org

TURN TO NONPROFITS » PAGE N45



VOLUNTEER

to End Hunger in Our Community.





Scan QR code to sign up

Call us 707-523-7900



Thank you, Sonoma Clean Power, for helping us End Hunger in Our Community.

NONPROFITS CONTINUED FROM N44

63 Pathways Charter School: Rohnert Park, \$5 million. Pathways Charter School supports individualized homebased independent study for students in grades K-12 in five North Bay counties. 707-585-6510, pathwayscharter.org 64 Ceres Community Project: Sebastopol, \$4.9 million. At Ceres Community Project, teens volunteer as gardeners and chefs preparing nutritious meals for families facing a life-threatening illness. 707-829-5833, ceresproject.org 65 LandPaths: Santa Rosa, \$4.9 million. Landpaths

is an environmental conservation organization with educational programs. 707-544-7284, LandPaths.Org

66 Boys & Girls Clubs of Sonoma Valley: Sonoma, \$4.8 million. This nonprofit's mission is to provide positive opportunities for youth to learn and succeed. 707-938-8603, bgcsonoma.org

67 Interfaith Shelter Netmillion. The Interfaith Shelter Network offers housing and other services for homeless men, women and children in Sonoma County. 707-546-7907, ifsn.org

6Pediatric Dental Initia-**6**Vive of the North Coast

Inc.: Windsor, \$4.4 million. A sustainable dentistry resource serving low-income children of Northern California who need safe sedation for dental treatment, Pediatric Dental Initiative of the North Coast also provides oral health and prevention education. 707-837-8833, pdisurgerycenter. org

69Burbank Housing Management Corp.: Santa Rosa, \$4.3 million. This nonprofit provides management services, compliance and community service activities for affordable housing properties in Sonoma County. 707-526-9782, burbankhousing.org

70Spring Hill Montessori: Petaluma, \$4.2 million. Spring Hill Montessori is a nonprofit local charter School. 707-763-9222, springhillmontessori.org



Ceres Community Project "delivery angel" Elise Curtis, 16, delivers meals, flowers and a handwritten note to a client in Santa Rosa. Curtis, with the help of her mom, serving as driver, has been delivering meals to those in need for 3 years.

71 Institute of Noetic Scienc-

/Les: Petaluma, \$4.2 million. This is a research institute studying the mind and consciousness. 707-775-3500, noetic.org

72Frank Doyle Trust: Santa Rosa, \$4.2 million. This trust provides scholarships for Santa Rosa Junior College students and funding for the upkeep of Doyle Park. 707-524-3117.

7 **Bearly Learning Insti**million. The Early Learning Institute serves young children with special needs and their families. 707-591-0170, earlylearninginstitute.com 74 **Sonoma Valley Hospital Foundation:** Sonoma, \$4 million. The Sonoma Valley

million. The Sonoma Valley Hospital Foundation cultivates community support and raises

funds for Sonoma Valley Hospital. 707-935-5070, svhfoundation.com

75 Santa Rosa Symphony: Santa Rosa, \$3.9 million. The North Bay's premier orchestra, and resident orchestra of the Green Music Center, the Santa Rosa Symphony provides high-quality musical performances including classical, pops and choral works and music education for schools and youth orchestras. 707-546-7097, santarosasymphony.com **76** Northern California

/ Ovolleyball Association: Santa Rosa, \$3.8 million. This club has a mission to develop the game of volleyball on an amateur basis among youths and adults of the Northern California and Northern

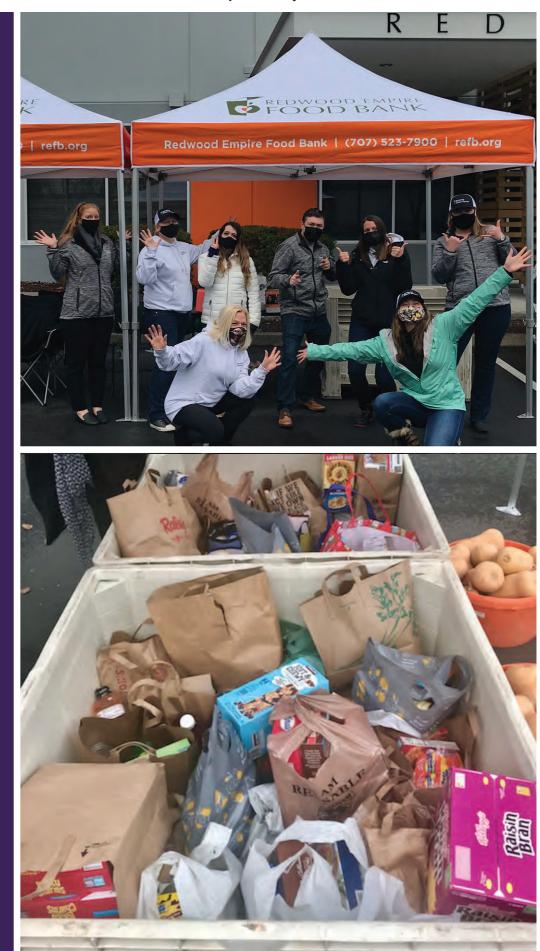
TURN TO NONPROFITS » PAGE N51



BETH SCHLANKER / THE PRESS DEMOCRAT, 2022

JOHN BURGESS / THE PRESS DEMOCRAT, 2022

Lesly Caballero Garcia, the senior bilingual education field specialist at LandPaths, pauses at Bayer Farm in Santa Rosa.



Supporting our communities

SCP is proud to partner with Redwood Empire Food Bank to fight local food insecurity.

Join us in helping our neighbors in need.

Visit refb.org for ways to give.



sonomacleanpower.org

SAY is here for Sonoma County youth when they need us most.



How Does SAY Help?

Emergency & Housing Support

SAY offers a range of safe housing and emergency services.

- Teen shelter and young adult shelter
- Youth Crisis Hotline
- Support for trafficking survivors
- Housing for pregnant or parenting youth

Counseling

We provide mental health services to youth and families.

- Individual and Family therapy
- School-Based Mental Health Services
- Grief support

Work Experience

We prepare youth for the future.

Job readiness training

- Career workshops
- 1:1 Support
- Financial literacy education







NEED HELP RIGHT NOW? CALL 24/7 1-888-729-0012

SAY's Big Event is Back!

April 29, 2023 Wine Reception Dinner Auction Tickets \$250

Interested in attending? Contact Sonia Byck-Barwick at 707-867-4763









SAY is pleased to announce the return of our spring fundraiser. Join us for an evening of resilience, courage, and hope as we honor the many facets of our youth and the services SAY provides to ensure their futures are bright.

This ad brought to you by Clover Sonoma, another proud sponsor of SAY.



Love has always been at the heart of Clover Sonoma and we've always believed in giving back. In fact, we're committed to donating at least 5% of our annual profits to support what's dear to us - elevating dairy, empowering future generations and supporting our community. Below are just a few of the organizations we are proud to support. www.cloversonoma.com/clover-cares



WE PROUDLY SUPPORT



















Between July 1, 2021, and June 30, 2022, with your generous support, **COTS served a total of 1,012 people across all our programs**, including:

KINDNESS LOVE OMPASSION

501 people in emergency shelter

> **86** children



including



233 people through Outreach





and more than 74,0000 meals served

Help us Celebrate 35 Years of COTS with Hops for Homes!



Our biggest fundraiser of the year!

oma County, for COTS

35 years ago, Laure Reichek and Mary Isaak founded COTS as a grassroots battle against homelessness. Since then, our organization has grown to include a variety of housing, shelter, and service solutions to help us meet clients where they're at with dignity, care, and inclusivity.

Now with innovative projects underway like People's Village and Studios at Montero, COTS is able to serve even more of those most vulnerable in our community, changing the way we address homelessness in Sonoma County.

"There is no doubt in my mind that I would still be living underneath a freeway overpass if it were not for Petaluma Sober Circle, Randy, Robin, Christina, Billy, and everyone else at MIC. —Former Mary J Isaac Center resident JM, now stably housed

We hope you'll join us in our mission to assist those experiencing homelessness in finding and keeping housing, increasing self-sufficiency, and improving well-being, as well as our vision of a community where everyone has a place to call home.

Find out more at cots.org

Bring on the beer, food and fun! A benefit supporting COTS' initiatives to help families and individuals find and keeping housing. **27 APR** RFWSTFRS THURSDAY 229 WATER STREET NORTH **DOWNTOWN PETALUMA**

For tickets, registration and parking information, visit cots.org, or scan the QR code to the right



Thank you to our sponsors!



more coming soon





\$297.8 MILLION

Amount donated to health care, including Santa Rosa Community Health Centers, Petaluma Health Center and others. It is nearly a quarter of the revenue raised by the county's top 100 nonprofits and benefits hundreds of thousands of residents.



\$233.4 MILLION

Investments in Sonoma County's children, including donations to nonprofit private schools, daycares and Boys and Girls Clubs — but excluding high schools and post-secondary foundations — account for nearly 20% of the revenue among the county's top 100 nonprofits.



\$11.9 MILLION Despite representing 21% of Sonoma

County's population, people older than 55 are the target group for just two of the county's nonprofits — PEP Housing and the Council on Aging.



A deeper dive into nonprofit rankings, figures

By **TYLER SILVY** FOR THE PRESS DEMOCRAT

S onoma County is home to more than 3,896 registered nonprofit agencies and not-for-profit organizations and raised \$1.2 billion according to their most recent filing years. Through publicly available financial data, we took a look at how these nonprofit agencies stack up, and are sharing this data with you. The following data was obtained through research using ProPublica Nonprofit Explorer and Guidestar, as well as publicly available information on the California Secretary of State website.

GEOGRAPHIC BREAKDOWN

Although many of Sonoma County's largest nonprofits provide services countywide — or even beyond — charting the locations of the county's top charitable organizations can help put the region's giving into greater perspective. Take a look at where Sonoma County's top nonprofits are located, and how that compares to the location's population ranking in the county. As of July 2021, Sonoma County's population is at 485,887, according to the U.S. Census.

SANTA ROSA	UNINCORPORATED AREAS OF SONOMA COUNTY	PETALUMA
176,938 Population 52 Nonprofits registered here	Population of the unincorporated towns of Guerneville, Forestville, Penngrove and Eldridge.	59,403 Population 16 Nonprofits registered here
Note: 9 of the top 10 local nonprofits call Santa Rosa home. The only outlier is the Petaluma Health Center.	B Nonprofits call Guerneville home. Number 17 on the top 100 list is West County Health Centers, which brought in \$20.5 million in 2020.	Note: Among Petaluma's 16 nonprofits are organizations that focus on health, disability services, climate and conservation. But there's just one education-centered nonprofit: Live Oak Charter School, which raised
ROHNERT PARK 44,411 Population 7	B Nonprofits call Forestville, Penngrove and Eldridge home.	\$3 million and calls the Sonoma-Marin Fairgrounds home. The Petaluma Educational Foundation, which raises money for schools across the county's second-largest city, ranked 175th, with \$883,641 in revenue.
Nonprofits registered here Note: Coming in at No. 20, Rohnert Park's highest earning nonprofit is	\$45 MILLION The total revenue made by the Guerneville, Forestville, Penngrove and Eldridge nonprofits.	windsor 26,039
North Bay Rehabilitation Services.	FOOD FOR THOUGHT Forestville serves as headquarters for one nonprofit Food for Thought. The	Population 1 Nonprofit registered here

\$149.1 MILLION

Bolstered by increased government investment at the state and local level, including the voter-approved Measure O sales tax, mental health and homelessness is a major recipient of nonprofit funding in the county. Catholic Charities' \$39.5 million in revenue in 2021 led all nonprofits that focused on people struggling with mental health, substance abuse and homelessness.

\$101.6 MILLION

Led by United Cerebral Palsy of the North Bay (\$22 million) and Becoming Independent (\$18.5 million), nonprofits focused on helping residents with disabilities raised more than \$100 million, making the sector one of the best performing in the county.



\$62.4 MILLION

Among the top 100 nonprofits, six center their work on the environment, climate and conservation. And the top two revenue generators among them are based in Petaluma — the Bay Area Environmental Research Institute and Point Blue Conservation Science.



Note: The 19th ranked Alliance Medical Center is one of Healdsburg's two nonprofits. The organization raised \$17.8 million in 2021 to provide medical and dental services to low-income residents in Healdsburg and Windsor.

CLOVERDALE

8,954 Population 1 Nonprofit registered here

Note: Alexander Valley Healthcare, a primary medical care provider, is Cloverdale's lone nonprofit.

SEBASTOPOL

7,448 Population 7

Nonprofits registered here

Note: Sebastopol's nonprofits run the gamut from organizations concerned with immigrants and refugees, to a housing development and new-age religion. The eclectic mix fits well with this unique west county town.

organization provides nutrition and other services for people affected by HIV/AIDS



ERIK CASTRO / FOR THE PRESS DEMOCRAT, 2021

Garden Manager Sorrel Allen checks on the compost in the worm bin at the Food For Thought garden in Forestville.

PAWS FOR PURPLE HEARTS

Penngrove's lone nonprofit is Paws for Purple Hearts, an organization that trains service dogs for military service members and those with PTSD, mobility issues and traumatic brain injuries.

SONOMA ECOLOGY CENTER

Eldridge is home to the Sonoma Ecology Center, which raised \$3.1 million in 2021 to enhance and sustain ecological health in Sonoma Valley.



ALVIN A.H. JORNADA / THE PRESS DEMOCRAT, 2020

Volunteers help Sonoma Ecology Center restoration program manager Mark Newhouser, left, with a stack of straw wattles. Note: The lone Windsor-based nonprofit among Sonoma County's top 100 is the Pediatric Dental Initiative of the North Coast, Inc. With \$4.4 million in revenue in 2021, this organization serves children from low-income families and also provides educational programming.

SONOMA

10,644 Population 7 Nonprofits registered here

Note: Sonoma's top nonprofit is the Sonoma Valley Community Health Center, which raised \$12.7 million in 2020 to provide health care for underserved populations in Sonoma Valley.

COTATI

7,498 Population

1 Nonprofit registered here

Note: Cotati's lone nonprofit is the Animal Legal Defense Fund, which aims to protect the lives and advance the interests of animals through the legal system. **Tony Paine, from** left, "Sister Yanita Letgo," of the Russian **River Sisters** of Perpetual Indulgence, and Dan Samson at Our Long Table. The gala at Vine Hill House in Sebastopol was a benefit for Food For Thought. DARRYL BUSH FOR THE PRESS DEMOCRAT, 2022







JOHN BURGESS / THE PRESS DEMOCRAT, 2022

A hockey helmet worn by Charles Schulz with his nickname "Sparky" written inside at the Charles M. Schulz Museum and Research Center in Santa Rosa.



Mo Torres installs siding while working on a Burbank Housing project for seniors in Santa Rosa.

KENT PORTER / THE PRESS DEMOCRAT

At a Los Cien meeting on Feb. 17, Ernesto Oliveras asks questions to Santa Rosa Police Chief John Cregan, Sonoma County Sheriff Eddie Engram and Sonoma County District Attorney Carla Rodriguez at the Luther Burbank Center for the Arts in Santa Rosa.



CONTINUED FROM N45

Nevada areas. 415-550-7582, ncva.com

77 Community Support Network: Santa Rosa, \$3.8 million. The Community Support Network provides support, housing and dignity to individuals with mental health challenges. 707-575-0979, communitysupportnet.org **78** Charles M. Schulz Muse-Santa Rosa, \$3.7 million. This nonprofit museum preserves, displays and interprets the art of Charles M. Schulz. Offers tours, classes, camps and workshops. 707-579-4452, schulzmuseum.org

79 Sonoma, \$3.7 million. Presentation School is a private primary school. 707-935-0122, presentationschool.com 80 Luther Burbank Center for the Arts: Santa Rosa, \$3.6 million. The North Bay's premier arts center, the Luther Burbank Center for the Arts hosts performances in music, dance, theater, comedy and spoken word, plus education-through-the-arts programs for children and adults, as well as facility rentals for community events. 707-527-7006, lutherburbankcenter.org Food For Thought: Forestville, \$3.6 million. Food for Thought provides food, nutrition and other services to people affected by HIV/AIDS.

707-877-1647, fftfoodbank.org **82**Healdsburg School: Healdsburg School is a nonprofit private school. 707-433-4847, thehealdsburgschool.org **83**County: Santa Rosa, \$3.4 million. This organization has a mission to promote social justice and advance basic human rights for vulnerable people in our community. 707-542-6664, legalaidsc.org **84**Carpenters Housing Corp.: Santa Rosa, \$3.3 million. Carpenters Housing Corp. provides public housing for low-income families and people with various disabilities. 707-546-1797.

85 Burbank Housing Communities Corporation: Santa Rosa, \$3.3 million. This nonprofit owns and operates affordable rental housing. 707-526-9782.

86 Sebastopol Independent Charter School, Inc.: Sebastopol, \$3.3 million.

TURN TO NONPROFITS » PAGE N52









HANNA HIGH SCHOOL

HANNA CENTER IS CREATING AN ENVIRONMENT FOR OUR ENTIRE COMMUNITY TO HEAL AND GROW.

- H The new Community Mental Health Hub provides treatment and support services for people of all ages in Sonoma.
- Hanna Center's High School is evolving into a Nonpublic school in the fall of 2023, building on 75 years of transformative care for students with unique educational needs, including Career Tech Education and Vocational Training.
- H Our Residential Program is expanding to include Transitional Housing for foster youth aging out of care.
- Hanna Institute equips and empowers individuals and organizations with the trauma-informed tools they need to help people in their community.

HANNACENTER.ORG



Ecologist and biologist Dan Levitis of Sonoma Ecology Center briefs participants before they embark on a fire ecology forensics hike at Sugarloaf Ridge State Park in Kenwood.





CHRISTOPHER CHUNG / THE PRESS DEMOCRAT, 2016 Sookbin Choi, 67, works out in the Stay Fit Forever exercise class at the YMCA in Santa Rosa.



ROBBI PENGELLY / SONOMA INDEX-TRIBLINE 2020

CHRISTOPHER CHUNG / THE PRESS DEMOCRAT, 2017

Kory Stradinger, right, executive director of Sweetwater Spectrum, and Chris Hoover, facilities manager, observe the chickens that Olwyne Nesbitt pumps her fist while riding a supply eggs to the residents of the housing facility in Sonoma.

recumbent exercise bike at the YMCA in Santa Rosa.

NONPROFITS

CONTINUED FROM N51

Sebastopol Independent Charter School is aK-8 public charter school that teaches the Waldorf education system. 707-824-9700, sebastopolcharter.org

87Habitat for Humanity of Sonoma County: Santa Rosa, \$3.2 million. Habitat for Humanity is a faith-based organization that builds modest. affordable homes in partnership with local communities and families in need. 707-578-7707, habitatsoco.org

88 Santa Rosa, \$3.2 million. The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. 707-546-9922, ywcasc.org **89**Sonoma Ecology Center: Eldridge, \$3.1 million. The Sonoma Ecology Center works with the community to enhance and sustain ecological health in Sonoma Valley. 707-996-0712, sonomaecologycenter.org

90 Robert & Shirley Harris Family Foundation: Santa Rosa, \$3.1 million. This family foundation makes grants to charitable organizations. 707-545-6110.

92 Chinese Christian Mission: Petaluma, \$3.1 million. This organization conducts evangelism among the Chinese community locally and through foreign missions. 707-762-1314, ccmusa.org 92^{cs Fund:} Petaluma, \$3 million. This fund is dedi-



La Luz Center helped set up in-person voting in Boyes Hot Springs on Election Day.

cated to protecting human and environmental health, preserving biodiversity, preventing the commodification of life, and defending democracy. 707-874-2942, csfund.org 93 Woodland Star Char-generation Sonoma, \$3 million. The Woodland Star Charter School is a primary charter school. 707-996-3849, woodlandstarschool.org **94**Sweetwater Spectrum:

Sonoma, \$3 million. Sweetwater Spectrum is a continuing care facility for adults

with autism. 707-996-3104, sweetwaterspectrum.org 95^{La Luz Center:} Sonoma, \$3 million. This group gives assistance to recent immigrants in the Sonoma Valley. 707-938-5131, laluzcenter.org **96**Live Oak Charter School: Petaluma, \$3 million. Live Oak Charter School is a K-8 charter school. 707-762-9020, liveoakcharter.org **7**River To Coast Children's 9

Services: Guerneville, \$2.8 million. This nonprofit provides resources, referrals and

support to families and child care providers in western Sonoma County. 707-869-3613, rccservices.org

OExtended Child Care: OSanta Rosa, \$2.7 million. Extended Child Care provides before- and after-school programs at 10 sites for the Mark West, Wright and Windsor school districts. 707-545-2402, extcc.org

990dd Fellows Cemetery **J**Association of Santa Rosa Inc.: Santa Rosa, \$2.6 million. This nonprofit offers cemetery

and burial services. 707-542-1586

United Way of the Wine 1000 Country: Santa Rosa, \$2.5 million. This nonprofit serves local populations, as well as those in Mendocino, Lake, Humboldt and Del Norte counties, by mobilizing the caring power of our community through leadership, community engagement and investment including education, financial stability and health initiatives. 707-528-4485, unitedwaywinecountry.org

SPEAK UP FOR CHILDREN



SONOMA COUNTY

BECOME A CASA LUNTEER

Quarterly Trainings! Sign up today! sonomacasa.org 707-565-6375

Center for Volunteer & Nonprofit Leadership Presents eartof

The CASA Program is committed to recruiting, training and supervising volunteers to advocate for the best interests of abused and neglected children in the courtroom, classroom, and community.





The 3rd Annual **Heart of Sonoma County Awards**

To recognize, honor, and celebrate Sonoma County's nonprofit volunteers, leaders, and organizations.

8 Award Categories. \$35,000 in Awards!

- Corporate Community Service
- Youth Volunteer of the Year
- Volunteer of the Year
- Excellence in Board Leadership
- Excellence in Innovation
- Excellence in Leadership
- Achievement in Nonprofit Excellence
- Lifetime Achievement



Nominate online by April 7, 2023 by 5:00 PM

food+love

Plant Sale

Saturday & Sunday, April 22 & 23 10 a.m. - 4 p.m. 6550 Railroad Ave. Forestville, CA 95436

Celebrate Earth Day weekend and get ready to plant your 2023 garden at Food For Thought's very own plant sale!

All proceeds benefit Food For Thought, providing food + love to thousands of Sonoma County residents living with serious medical conditions.

Buy organic veggie starts, herbs, native plants. & flowers









Sonoma County Orchid Society Annual Show & Sale



ORCHIDS FOR EVERYONE **April 1 - 2, 2023** Sat 10 - 5 & Sun 10 - 4 Free Orchid Care Classes Door Prizes & Raffle Free Parking • Admission \$10 \$1 Off Single Admission with Ad

sonomaorchids.com Veteran's Building: 1351 Maple Ave, Santa Rosa

The Press Democrat

Get more from

YOU CAN HELP REBUILD OUR SCHOOL



A CAPITAL CAMPAIGN TO BRING ANOVA STUDENTS HOME

RebuildAnova.org

your subscription

Communicate with the Community

Commenting on articles on *PressDemocrat.com* is an exclusive perk for subscribers like you. With our commenting platform, you can choose how you'd like to interact and join the conversation.

Join the Conversation at: pressdemocrat.com



Forgot your password?

Select LOG IN, then select FORGOT PASSWORD, to create a new password.

Need help accessing your account online? Visit: howto.pressdemocrat.com or contact Customer Support:

help@pressdemocrat.com (707) 575-7500

THANK YOU

The Salvation Army of Santa Rosa/Sonoma County

wants to thank the organizations and businesses that supported us last year, especially during the holidays of 2022. We are so appreciative of the In-Kind donations of food, monetary donations and for allowing our Bell Ringers to stand outside of their stores during the Christmas Season.
We are extremely grateful for the support of Guy Fieri and family, and The Guy Fieri Foundation, The Safeway Stores throughout Sonoma County, The Raleys stores, The CVS Stores, Oliver's Markets, Coddingtown Mall, Montgomery Village, Lucky's, The Walmart Stores in Sonoma County, Costco, Redwood Empire Food Bank, Macy's Downtown for our Back-To-School Event,
Manly Automotive Group, The Hansel Auto Group, The Santa Rosa Rotary Club, The Oakmont Rotary Club, The Sunrise Rotary Club Of Santa Rosa, The Rotary Club of Windsor, The Exchange Club, The Kiwanis Club of Santa Rosa, The Windsor Kiwanis Club, Cruisin North Car Club, The Local Coast Guard, and the many Private Donors and Volunteers who support The Salvation Army Of Santa Rosa/Sonoma County with their time and financial gifts.
We also want to thank our dedicated Advisory Board that walk beside us, giving

of their time, talents, and financial support.





Due to this amazing support, The Salvation Army of Santa Rosa/Sonoma County will bring hope, support and healing to many people throughout Sonoma County in this New Year. We will be able to feed thousands of families and individuals who are in need. We will be able to provide afterschool programs with tutoring and mentoring for local children and teens, as well as our anti-gang/anti-violence programs through The Salvation Army Double-Punches Boxing Program. We will be able to provide rent and utility assistance for families and individuals in need, emergency help for those impacted by disasters in our community, clean living houses through our Transitional Living Program for those in recovery from addictions, as well as programs for senior citizens at our Senior Activity Center.

Thank you to the Santa Rosa and Sonoma County residents, businesses and organizations who supported The Salvation Army in 2022.

You will make 2023 a better year for those in need here in our community.

FIND WHAT MATTERS MOST. FIND YOUR REASON TO GIVE.

Safe spaces for kids to learn and grow. Minimizing isolation and stress for adults, families and seniors. Teaching kids lifesaving water skills. These are just a few of the many reasons the Y needs your help more than ever.



DONATE TODAY. @ SCFYMCA.ORG

Sonoma County Family YMCA • scfymca.org 1111 College Ave. SR • 545-9622

The Y is an inclusive, charitable organization that enriches community through the areas of Youth Development, Healthy Living, and Social Responsibility.